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ABSTRACT

The manual provides suggestions on using records in physical education and recreation programs with handicapped persons and describes 181 records in terms of age level, use, and vendor. Brief summaries are also included for each record, and items are categorized according to major area of emphasis: general music, songs, and rhythms; movement exploration; dance; perceptual-motor and motor skills and development, and physical fitness. (CL)

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CHOOSING AND USING PHONOGRAPH RECORDS FOR PHYSICAL EDUCATION, RECREATION, AND RELATED ACTIVITIES

April 1977

INFORMATION AND RESEARCH UTILIZATION CENTER IN PHYSICAL EDUCATION AND RECREATION FOR THE HANDICAPPED

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ACKNOWLEDGEMENTS

Choosing and Using Phonograph Records for Physical Education, Recreation, and Related Activities has been planned, developed, and written by Liane Summerfield, Information-Materials Assistant in the AAHPER Physical Education and Recreation for the Handicapped: Information and Research Utilization Center.

Responses of all children to music are tremendous; young children are often the most responsive. Each of us is governed by both internal and external rhythmic cycles. Because an individual is confined to a wheelchair, uses crutches, is in braces, or is bedfast does not reduce interest in music and rhythmical activities. In fact many impaired, disabled and handicapped individuals often perform skills and tasks with music that are not accomplished without vocal support or instrumental background.

Although this publication deals with choosing and using phonograph records, many adaptations and applications are possible according to each user's background, interests, experiences, and abilities. For example, records with verbal instructions can be used to aquaint leaders and teachers with activities, methods, and sequences. Other instrumental accompaniment can be supplied with piano, banjo, guitar, accordion, harmonica, or current day hit records. Certain instrumental records can be slowed down so that more time is given for children--especially the very young or those with different handicapping conditions--to perform movements or patterns. Musical and rhythmic activities can be ends in themselves or means to ends.

This publication has been designed as a basic resource for teachers, leaders, aides, volunteers, parents, or participants themselves. Guidelines are presented to assist each reader in choosing, using, and caring for phonograph records. Some specific suggestions are provided regarding use of records with impaired, disabled, and handicapped individuals. It should be noted that very few of these phonograph records have been developed specifically for use with special populations. For the most part, these are records designed for children of different chronological ages and functional levels. Application of these basic criteria has resulted in successful use of all listed records with children having various handicapping conditions in a variety of program settings.

Individual sections of this publication focus on general music and rhythms, movement exploration, dance, perceptual-motor and motor skills and development, and physical fitness. A complete topical index should help users locate records quickly and efficiently as well as provide an effective means of cross-referencing. Appendices contain listings of record vendors and an alphabetical list of all records in this publication.

As new phonograph records are released, they will be reviewed by the staff of AAHPER Unit on Programs for the Handicapped and IRUC as basis for future additions to this publication. Readers are encouraged to send

information about phonograph records found to be effective and used successfully with individuals having various handicapping conditions. Your evaluation, input, and reactions to this publication in general and specific sections in particular are solicited and welcomed at any time. Direct all comments to Consultant, Programs for the Handicapped, AAHPER, 1201 16th Street, N. W., Washington, D. C., 20036.

We are indebted to Liane Summerfield for a difficult task expertly done. Each of us will find this publication a handy and valuable resource to assist in providing higher quality physical education, recreation, rhythm, dance, and related activity programs for everyone, especially impaired, disabled, and handicapped children and youth. Those who gain the most will be participants themselves in these programs. To the end of building great cathedrals of the spirit one stone at a time by reaching out, helping, caring, and doing for others, this publication is respectfully dedicated.

Julian U. Stein, Consultant
Programs for the Handicapped
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CHOOSING AND USING RECORDS

Records have always been used in physical education and recreation programs and have become increasingly popular in recent years. Several very practical factors have contributed toward this trend. The most obvious factor is that using records frees the teacher/activity leader to participate directly with the group, acting as a model and a demonstrator. This is particularly important when a large number of participants are in the group and there is only one teacher or leader, which seems to be more the rule than the exception today. An additional factor contributing to greater use of records is that this allows the teacher/leader to provide music activities or musical accompaniment to activities when he or she does not play a musical instrument and cannot carry a tune! Some other reasons for using records in physical education and recreation include:

- Exposing participants to different kinds of music than just what the teacher/leader can play or sing.

- Involving participants in various kinds of activities (for example, physical fitness, musical games, motor development), even though the teacher/leader does not have expertise in these areas; this is accomplished by using records that have verbal instructions accompanying the music.

- Providing opportunities for participation in activities when the teacher/leader is not present (only if participants are old enough and responsible enough to use a record player without supervision, however).

The major disadvantage to using records is quite obvious--one cannot usually listen to a record until it has been purchased. The activity leader or physical education teacher has to rely almost totally on descriptions from catalogs, notes on the record cover, or abstracts in publications such as this to make a decision. Too often attractiveness of the record cover or catalog or price of the record are criteria used for selection. Although listening to the record is the best way to determine its usefulness, potential record buyers might also consider the following suggestions for choosing records, which are perhaps more realistic than attempting to hear a record before purchase:

- Look in the reference section of several music books for suggested records.

- Consult colleagues as to records which they have found to be particularly successful in their programs.

- Look at the songs or tunes that are on the record--does your group know or like any of these, or have you ever heard of any of them.

- Try to determine if the album comes with an instructional manual or some instructions for teachers/leaders; if possible, preview a copy of the instructional manual as it will tell about the record in more detail.

- Beware of record descriptions liberally salted with terms like fun, exciting, challenging, which do not give actual information on the content of the record.

- Do not choose only those records advertised as being for exceptional children to use in programs involving individuals with handicapping conditions.

- Before looking for records, determine exactly what kinds of activities the records will be accompanying (rhythmic activities, parachute play, finger games), then choose records accordingly, paying particular attention to key words in the titles and descriptions.

- Do not hesitate to use a song or tune that seems to have potential for accompanying a physical activity even though it may be on a classical or jazz album and not on a record from a classroom record company.

This publication concentrates on records that can be used for general music, movement exploration, dance, perceptual and motor development, and physical fitness activities with individuals of all ages and abilities. The 181 records listed and abstracted here are representative of very good records currently available today for physical education and recreation use. These records are not necessarily the best; in fact, it would probably be impossible to determine the best records on sale today for physical education and recreation. Records were selected on the basis of: (1) applicability to physical education, recreation, and related activity areas; (2) use of a particular style of music, activity, or approach, whether the style be traditional or new and unique; (3) variety of purpose--some are educational, some are therapeutic, some primarily diversional; and (4) representation of numerous record creators, so individuals using this publication can become familiar with the names of people creating records for physical education and recreation today.

In using this publication, readers should note that all 181 records have been organized into sections according to their major area of emphasis--General Music, Songs, and Rhythms; Movement Exploration; Dance; Perceptual-Motor and Motor Skills and Development; and Physical Fitness. However, recognizing that most records are multi-purpose, an index is included on page 11 to assist in locating records that can be used for activities other than the major area of emphasis. Included with each record abstract is basic information about the record--size, speed, price, and number of records in the set (if it is a set). Prices of records should be regarded as approximate, since a price increase may have occurred since original research was undertaken. For the sake of brevity, record vendors are

identified by symbols; complete names and addresses of vendors may be found on page 85.

Ideally, readers will use this publication as a guide to locating and using records for physical education, recreation, and related activities. For individuals who do not have time to search through catalogs, this is a brief and handy source of record titles; other individuals will use this as a beginning point for locating several record creators and record companies. Whatever the reason for consulting this publication, it will soon become apparent that the convenience and joy of using records are available to everyone and may provide a welcome addition to any program.

A WORD ABOUT USING RECORDS IN PROGRAMS FOR HANDICAPPED INDIVIDUALS

Records should be chosen and used in the same way when programs involve handicapped individuals as they are when programs involve only non-handicapped participants. Handicapped individuals enjoy the same variety of records as their non-handicapped peers.

Most frequently it is the activity, not the record, that must be adapted to accommodate participation by persons with varying abilities. Because this publication does not deal with activities, adaptations, or principles of programing, a listing of pertinent resources has been compiled to aid the teacher or leader who wishes to read about methods of including handicapped persons in various music activities.

Periodicals

New Braille Musician (bimonthly)

Braille Musical Magazine (monthly)

Music Journal (8 rpm rigid disc; 10 per year)

All available from: Library of Congress
Division for the Blind and Physically Handicapped
Washington, D. C. 20542

Music Educators Journal (9 per year)
1902 Association Drive
Reston, Virginia 22091

NAMT Newsletter and Journal of Music Therapy
National Association for Music Therapy
P. O. Box 610
Lawrence, Kansas 66044

Books

Alvin, Juliette. Music for the Handicapped Child. New York, New York: Oxford University Press, 1965.

Antey, John W. Sing and Learn: Simple Songs and Rhythms That Retarded Children Can Enjoy While Learning Basic Lessons. New York, New York: The John Day Company, 1965.

Bailey, Philip. They Can Make Music. New York, New York: Oxford University Press (200 Madison Avenue, 10016), 1973.

Barlin, Anne, and Paul Barlin. Dance--A Folk Song. Bowmar Publishing, 1974.

Birkenshaw, Lois. Music for Fun, Music for Learning. Toronto, Ontario, Canada: Holt, Rinehart and Winston of Canada, Ltd., 1974.

Canner, Norman. ...and a Time to Dance. Boston, Massachusetts: Plays, Inc. (8 Arlington Street, 02116), 1975.

Clark, Carol E. Rhythmic Activities for the Classrooom. Dansville, New York: The Instructor Publications, Inc. (14437), 1969.

Cole, Frances. Music for Children with Special Needs. Glendale, California: Bowmar Publishing Company (Box 3623, 91201), 1965.

Coleman, Jack L., et al. Music for Exceptional Children. Evanston, Illinois: Summy-Birchard Company (1834 Ridge Avenue, 60204), 1964.

Deaver, Mary Jo. Sound and Silence: Developmental Learning for Children Through Music. Pikesville, Kentucky: Curriculum Development and Research, Inc. (211 Bank Street, 41501), 1975.

Gaston, E. Thayer. Music in Therapy. New York, New York: The Macmillan Company, 1968.

Glass, Henry "Buzz". Action Time with Story, Chant, and Rhyme, Vol. One. Hayward, California: Alameda County School Department (224 West Winton Avenue, 94544), 1973.

Hill, Kathleen. Dance for Physically Disabled Persons: A Manual for Teaching Ballroom, Square, and Folk Dances to Users of Wheelchairs and Crutches. Washington, D. C.: AAHPER (1201 16th Street, N. W., 20036), 1976.

Krolick, Betty. How to Read Braille Music. Louisville, Kentucky: The American Printing House for the Blind (1839 Frankfort Avenue, Box 6085, 40206).

Mason, Kathleen Criddle, editor. Dance Therapy: Focus on Dance VII. Washington, D. C.: AAHPER (1201 16th Street, N. W., 20036), 1974.

Mills, Sherry R. Fun with Instruments: An Instrumental Method for the Special Child. (Individual books available on Recorder, Clarinet, Guitar, Piano, Drum, Chord Organ, Accordion, Trumpet). Colorado Springs, Colorado: Author (2220 Glenwood Circle, 80909).

Riordan, Jennifer Talley. They Can Sing Too: Rhythm for the Deaf. Leavenworth, Kansas: Jenrich Associates, 1971.

Robins, Ferris, and Jennet Robins. Educational Rhythmics for Mentally and Physically Handicapped Children. New York, New York: Horizon Press, 1965.

Stecher, Miriam B., and Hugh McElheny. Joy and Learning Through Music and Movement Improvisations. New York, New York: The Macmillan Company, 1972.

Vocal and Instrumental Music for the Mentally Retarded. Conway, Arkansas: Arkansas Children's Colony. 31 pages. Available from IRUC/AAHPER, 1201 16th Street, N. W., Washington, D. C., 20036. $3.10.

Articles

Brick, Rose Marie. "Eurhythmics: One Aspect of Audition." Volta Review 75: 3: 155-160; March 1973.

Erickson, Lorraine B. "Keyboard Fun for Quadriplegics." Rehabilitation Gazette 15: 23-25; 1972.

_____. "Piano Playing as a Hobby for Children with Problem Hands." Inter-Clinic Information Bulletin 11: 6: 6-17; March 1972.

_____. "Never Say 'You Can't Do That' to an Amputee." Inter-Clinic Information Bulletin 13: 10: 13-15; July 1974.

Fahey, Joan Dahms, and Lois Birkenshaw. "Bypassing the Ear: The Perception of Music by Feeling and Touching." Music Educators Journal 58: 8: 44-49, 127-128; April 1972.

Hecox, Bernadette; Ellen Levine; and Diana Scott. "A Report on the Use of Dance in Physical Rehabilitation: Every Body Has a Right to Feel Good." Rehabilitation Literature 30: 1: 11-15; January 1975.

Herlein, Doris G. "Music Reading for the Sightless: Braille Notation." Music Educators Journal 62: 42-45; September 1975.

Herron, Carole Jane. "Some Effects of Instrumental Music Training on Cerebral Palsied Children." Journal of Music Therapy 7: 1: 55-58; Summer 1970.

Lorenzen, Hans, and Ernst Jokl. "Piano Music for the One-Handed with Remarks on the Role of Art in Rehabilitation." American Corrective Therapy Journal 28: 1: 11-23; January-February 1974.

Mailhot, Alice. "Musical Instruments for Upper-Limb Amputees." Inter-Clinic Information Bulletin 13: 10: 9-12; July 1974.

Mills, Sherry Rae. "Band for the Trainable Child." Education and Training of the Mentally Retarded 10: 4: 268-270; December 1975.

"Music in Special Education." Music Educators Journal 58: 8: whole issue; April 1972.

Stern, Virginia. "They Shall Have Music." Volta Review 77: 8: 495-500; November 1975.

Szyman, Robert. "Square Dancing on Wheels." Sports 'n Spokes 2: 4: 5-7; November-December 1976.

Wisher, Peter R. "Dance and the Deaf." Journal of Health, Physical Education and Recreation 40: 3: 81; 1969.

CARE OF RECORDS

With a little simple care, a collection of records can be preserved in good condition for many years.

Cleaning

Commercially-prepared cloths or brushes can be purchased for keeping records clean and lint-free. Finger marks may be harmful to records; care should therefore be taken to handle records by the edges only. Of course, records should never be left lying around without paper covers as a preventive measure against dust, dirt, and lint.

Storage

All record albums are sold with records stored in paper covers inside the cardboard album. Do not discard paper covers--they prevent records from becoming scratched when stored. Records should always be stored in an upright position to prevent warping.

Playing

Nobody wants to scratch a record! To lessen the chances of scratching records when playing them on a record player, follow these suggestions:

- Always keep the record player on a sturdy stand that cannot be shaken if accidentally bumped.
- Whenever practical, keep only one record at a time on the record player. Records playing on top of other records do get scratched.
- In manually lowering the needle onto a record, lower the needle as close as possible to the record surface before letting it drop.
- Never allow small children to play records without adult supervision.
- Keep the record player on a sturdy stand of table height if individuals in wheelchairs will be changing records. This will facilitate their use of records and prevent unnecessary accidents.

INDEX

This alphabetical index has been included to facilitate locating records that focus on specific areas or concentrate on development of certain skills. Numbers following each indexing term refer to the number assigned to each record. Although records have been organized into sections according to major area of emphasis, they are numbered sequentially throughout the publication:

- General Music, Songs, and Rhythms--Numbers 1-54.
- Movement Exploration--Numbers 55-79.
- Dance--Numbers 80-99.
- Perceptual-Motor and Motor Skills and Development--Numbers 100-147.
- Physical Fitness--Numbers 148-181.

Action Games--9, 23, 24, 29, 32, 36, 37, 40, 55, 83, 84, 89, 94, 95, 131, 132, 144. (See also Finger Games; Singing Games)

Agility--23, 84, 103, 108, 111, 112, 113, 116, 121, 126, 165. (See also Physical Fitness)

Art--108

Auditory Perception--10, 11, 12, 13, 14, 15, 20, 21, 22, 25, 26, 27, 28, 34, 42, 46, 47, 48, 53, 61, 80, 81, 95, 98, 128, 145. (See also Listening; Perceptual-Motor Development)

Balance--84, 100, 103, 108, 110, 113, 116, 119, 120, 121, 126, 136, 149, 160, 165, 173, 174. (See also Physical Fitness)

Ball Skills--111, 112, 133, 142. (See also Bouncing; Catching; Throwing)

Body Awareness--6, 8, 10, 11, 15, 36, 46, 48, 63, 80, 81, 95, 100, 101, 102, 104, 105, 106, 107, 110, 113, 115, 117, 119, 120, 125, 136, 137, 138, 139, 142, 147. (See also Perceptual Motor Development)

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Cardiovascular Endurance--149, 151, 152, 155, 156, 159, 162, 165, 175. (See also Physical Fitness)

Catching--109 (See also Ball Skills)

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Crawling--75.(See also Gross Motor Skills)

Daily Living Skills--6, 33, 46, 47, 48.

Dance--43, 78, 80, 81, 83, 84, 85, 86, 87, 88, 89, 95, 97, 98, 99, 118, 144. (See also Social Dance; Pre-dance skills)

Directionality--13, 14, 15, 36, 100, 101, 107, 114, 115, 126, 142. (See also Perceptual-Motor Development)

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Emotional Development--63, 64, 74, 139. (See also Self-Concept)

Eye-Hand Coordination--23, 37, 109, 111, 112, 113, 124, 127, 133, 142. (See also Perceptual-Motor Development)

Fine Motor Skills--19, 24, 29, 37, 49, 94, 102, 106, 107, 122, 123, 124, 125, 127. (See also Manual Dexterity)

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Health Education--7, 11, 13, 25.

Hopping--5, 83, 129, 144, 165. (See also Gross Motor Skills; Jumping)

Jumping--126, 129, 137, 144, 159. (See also Gross Motor Skills; Hopping)

Kinesthetic Perception--36, 81, 101, 104, 110, 113, 114, 115, 116, 117, 119, 120, 121, 149. (See also Perceptual-Motor Development)

Language Development--3, 4, 24, 29, 33, 51, 52, 58, 59, 60, 62, 67, 68, 72, 73, 74, 76, 124, 128, 130, 146. (See also Listening; Poetry; Self-Expression; Storytelling)

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Listening--3, 4, 33, 42, 44, 45, 51, 52, 58, 59, 60, 62, 67, 68, 72, 76, 128. (See also Language Development; Auditory Perception)

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Strength--161, 164, 166, 167, 171, 172, 176. (See also Physical Fitness)

Throwing--109. (See also Ball Skills)

Visual Perception--109, 111, 112. (See also Perceptual-Motor Development)

Walking--5, 39, 75, 83, 85, 86, 126, 129, 144. (See also Gross Motor Skills)

RECORDS FOR GENERAL MUSIC, SONGS, AND RHYTHMS

Records in this section include sing-alongs, singing and action games, rhythmic activities with or without rhythm instruments, and musical stories that can be listened to or acted-out. These types of records can also contribute to music appreciation, music education, and learning to play a musical instrument.

The majority of these records are intended for children under age twelve and present very basic singing, rhythmic, and musical skills. This is not to say that such activities should be eliminated from recreational and educational programs for teenagers and young adults. However, once children reach the age of twelve, they prefer to use more contemporary music for singing, listening, and rhythms, and musical games become unsophisticated! Although no classical or jazz records are included among these abstracts, such records are always suitable for all ages, particularly for junior and senior high school and young adult music appreciation/education.

Singing games and activities and rhythmic activities have many values. They encourage socialization and participation in a group activity, help participants to relax and release tensions, and promote movement of any body part that can move (it is virtually impossible to sing and sit still!). Songs and musical activities, too, can reinforce or aid the child in learning just about anything, from health education to mathematics. One of singing's most overlooked benefits is perhaps the most important--it promotes language development and correct speech. An individual who has speech problems often feels less threatened when singing in a group and can thus develop skills needed for speaking.

1. Action Songs and Rounds, by Marjorie Matsushita (1 disc, 12 in., 33 1/3 rpm) $6.50.

   AGE LEVELS: Early Childhood, Kindergarten, Primary
   USE: Songs, Singing Games, Pantomiming, Nonlocomotor Rhythms
   VENDOR: EA

   The songs on this album can be performed in limited space and without equipment. Rounds are taught first and then sung in parts, accompanied by simple actions. These are useful for recreation periods, rainy day activities, or to break up the school day. Instructions and complete activity without instructions are separated. Selections include: "Sweetly Sings the Donkey," "Little Tommy Tinker," "Row, Row, Row Your Boat," "The Damper Song," "Put Your Finger in the Air," and "Pumpkin Man." Because total body movement is not required, children with various levels of handicapping conditions can participate with others.

2. Activity Songs (1 disc, 10 in., 33 1/3 rpm) $5.98.

AGE LEVELS: Kindergarten, Primary
USE: Songs, Gross Motor Skills, Locomotor Rhythms, Nonlocomotor Rhythms
VENDOR: R

Activity Songs is designed for creative rhythmic activities with children. The record contains songs that deal with the make believe as well as the everyday experiences of its users. Songs include: "I'm Not Small," "The Bee Song," "Dancing Song," "Choo Choo," "Rain," "Pockets," "Lullabye," "Mouse in the House," and "I See the Ocean."

3. Basic Action Poems, by Peter Valletutti (1 disc, 12 in. 33 1/3 rpm) $5.00.

AGE LEVELS: Primary
USE: Language Development, Self-Expression, Listening, Poetry
VENDOR: Co

This is the first of a two-volume series of poems and stories compiled by Peter Valletutti especially for exceptional children. The recording contains an extensive sampling of original classroom-tested poems that may afford each child an opportunity to participate without penalty and to correct errors by observing responses of others in a group. Social and language skills may be developed through listening and responding. This record is available on tape cassette for $5.00, and a manual accompanies both.

4. Basic Action Stories, by Peter Valletutti (1 disc, 12 in. 33 1/3 rpm) $5.00.

AGE LEVELS: Primary
USE: Language Development, Self-Expression, Listening, Storytelling
VENDOR: Co

The second volume in a two-volume series of poems and stories compiled by Peter Valletutti for exceptional children, this recording contains familiar and original stories. By carefully injecting specific participation activities into a familiar tale, the record aims to hold the listener's interest over a longer period of time. Development of social and language skills are the goals of the stories. This record is also available on tape cassette for $5.00; a manual accompanies both.

5. Basic Rhythms (1 disc, 12 in. 33 1/3 rpm) $6.95.

AGE LEVELS: Early Childhood, Kindergarten
USE: Music Education, Locomotor Rhythms, Nonlocomotor Rhythms, Walking, Skipping, Galloping, Hopping, Movement Exploration
VENDOR: EA

This album may be used to teach young children rhythms and music appreciation. Familiar tunes are fully orchestrated and have a well-defined beat. The album starts with clapping to establish a sense of rhythm and proceeds through a wide variety of rhythmic movements, including the following: "Clapping Hands," "Arm Movements," Lumbering Movements," "Marching," "Swinging," "Swaying," "Floating," "Flower Interpretations," "Walking," "Heavy Walking," "Bird Interpretations," "Trotting," "Leaping," "Galloping," "Skipping," "Hopping."

6. Basic Songs for Exceptional Children, Volume One (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Songs, Body Awareness, Daily Living Skills, Self-Concept
VENDOR: L

The material in this album has been specifically created for its effectiveness in contributing to the handicapped child's sense of personal identity and body awareness and to assist him/her in developing a basic meaningful relationship to the environment. There are three parts to the album: body concepts and self-identity, time relationships and sequences, and environmental experiences. The songs in the first part are concerned with developing and reinforcing the concept of the self as an entity and of the body image. The songs in the second part help strengthen and develop the concepts of past, present, future, units and divisions of time, and number associations and seasons. The third part involves concepts oriented around daily environmental experiences. Songs include "What's Inside of Me," "Knees, Knees, Knees," "Ten Little Fingers," "Sounds to Sing," and "I Am Me." A manual accompanies the album, which is also available on tape cassette.

7. Basic Songs for Exceptional Children, Volume Two (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Songs, Health Education
VENDOR: L

This album includes three groups of songs: cleanliness, food, and activity. The songs in the first group serve as an adjunct to reinforcing body concepts in association with personal cleanliness; such songs may give children an opportunity for controlled discussion of such concepts as keeping clean and the transmission of illnesses. Group two songs stress the key concept that a variety of foods are required to meet nutritional needs and that different foods have different values. The third group includes songs which contrast aspects of active play with quiet rest and sleep. Some songs on this album are: "We've Got to Get Clean," "Meat or Eggs or Fish," and "Run and Play." The album is also available on tape cassette; a manual accompanies both.

8. Basic Songs for Exceptional Children, Volume Three (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Songs, Body Awareness
VENDOR: L

The material in this album presents a physical activity approach to the habilitation and rehabilitation of exceptional children. The songs are based upon modern developmental theory and research indicating that both awareness and functions of the body proceed sequentially. Thus the songs are also arranged sequentially, with earlier ones concerning development of a general awareness of body image and later ones specifically identifying body parts and functions. This album is suitable for a classroom, motor development program or recreational activity. Songs include "Shiver and Shake," "March, March, March," "The Toe Song," "Right, Left, Right, Left," and "They All Make Me." A manual accompanies the record, which is also available on tape cassette.

9. Dancing Numerals, by Rosemary Hallum (1 disc, 12 in., 33 1/3 rpm) $7.95.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Mathematics, Songs, Action Games
VENDOR: EA

These action songs, chants, and games are designed to reinforce math concepts in classes for young children. They supplement the math program by involving children in mathematics-related rhythmic, manipulative, and repetitive activities. Concepts covered by this album include counting in forward and reverse order, basic geometric shapes, addition, subtraction, drawing numerals, money value, commutativity, and sets. Children can choreograph the songs themselves with appropriate movements, or they can follow directions given by a leader using the accompanying guide. The guide has music and words, a statement of the math concepts reinforced by a given song, and suggested movements and variations.

10. Developing Everyday Skills Through Movement and Songs for Early Childhood and Special Education: LP 7016, by William Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood
USE: Songs, Body Awareness, Self-Expression, Gross Motor Skills, Auditory Perception
VENDOR: K

Designed for early childhood and special education use, this album provides songs and activities in the areas of: identifying parts of the body ("Everything's Put Together"), pretending to be barnyard

animals ("In the Barnyard"), identifying vehicle sounds ("The Car Goes Beep, Beep, Beep"), clapping, standing, sitting, and stamping ("Clap Your Hands"), naming clothing ("I've Got Clothes On"), and finger play ("We Are Counting the Numbers Today"). All songs are presented twice--with vocal and instrumental on side one and with instrumental only on side two. The electronic music of the Moog synthesizer is the only accompaniment to the short, lively songs created by William Janiak, Registered Music Therapist. The album focuses on development of rhythm, self-expression, self-control, coordination, motor control, and following directions. A guide is included.

11. Developing Everyday Skills Through Movement and Songs for Early Childhood and Special Education: LP 7017, by William Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood
USE: Songs, Body Awareness, Self-Expression, Gross Motor Skills, Auditory Perception, Health Education
VENDOR: K

Similar in format to LP 7016, this album also focuses on development of rhythm, self-expression, self-control, coordination, and motor control, while training a child to follow directions. Specifically, songs and activities deal with marching and drumming ("Coffee Can March"), identifying body parts ("Put Your Finger in the Air"), personal hygiene ("This Way"), circle dance ("Make A Circle"), facial expressions ("Expression Song"), and stretching and swinging arms and legs ("I'm Swinging My Arms and Legs"). All of these short songs were created by William Janiak, a Registered Music Therapist, and are accompanied by the unusual sound of the Moog synthesizer. All songs are presented on one side of the album with music and vocal, while the other side is instrumental only.

12. Developing Everyday Skills Through Movement and Songs for Early Childhood and Special Education: LP 7018, by William Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood
USE: Songs, Self-Expression, Gross Motor Skills, Pantomiming, Auditory Perception
VENDOR: K

Created by William Janiak, a Registered Music Therapist, songs and activities on this album include: learning to position tongue for various sounds ("The La Song"), exercising parts of the body not often used ("Shrug Your Shoulders"), group participation in activity ("It's Time for Music"), tapping in rhythm ("Boom! Boom! Boom! Boom!"), identifying clothing ("Shirt, Shirt"), and identifying and pantomiming animals ("Here Comes the Cow"). All songs focus on

development of rhythm, self-expression, self-control, coordination, motor control, and following directions. The unusual electronic sound of the Moog synthesizer accompanies all songs, which are presented on one side of the album as instrumental and vocal and on the other side as instrumental only. A guide accompanies the album.

13. Developing Everyday Skills Through Movement and Songs for Early Childhood and Special Education: LP 7019, by William Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood
USE: Songs, Gross Motor Skills, Self-Expression, Health Education, Dramatics, Directionality, Auditory Perception
VENDOR: K

Like the other LP's in this series by William Janiak, this album was designed for early childhood and special education, stressing development of rhythm, self-expression, self-control, coordination, motor control, and following directions. Songs and activities encourage singing and clapping to music ("It's Fun To Clap"), acting like an animal ("Hop Like A Bunny"), personal hygiene ("The Body Care Song"), creative actions in song ("Make Your Eyes"), concepts of up and down ("Hands Go Up And Down"), and self-expression ("I Like To Dance"). Instrumental and vocal and instrumental only versions of all songs are presented, with accompaniment of the electronic Moog synthesizer. A guide is included with the album.

14. Developing Everyday Skills Through Movement and Songs for Early Childhood and Special Education: LP 7020, by William Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood
USE: Songs, Gross Motor Skills, Directionality, Self-Expression, Auditory Perception
VENDOR: K

Songs and activities in the areas of grooming and health habits ("We Wash Our Face"), marching ("We All Are Marching"), acting ("I Have A Cold"), self-identification ("My Name Is..."), teaching directions ("Circle Dance"), and listening and singing ("Listen With Your Ears") are presented on this album. All songs are on one side with vocal and music, while the other side is instrumental only. The electronic music of the Moog synthesizer accompanies the short selections, which were created by William Janiak, a Registered Music Therapist. Designed for early childhood and special education, the album concentrates on rhythm, self-expression, self-control, coordination, motor control, and following directions.

15. Developing Everyday Skills Through Movement and Songs for Early Childhood and Special Education: LP 7021, by William Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood
USE: Songs, Gross Motor Skills, Body Awareness, Directionality, Auditory Perception
VENDOR: K

Designed for early childhood and special education use, this album provides songs and activities that encourage physical actions ("I Like To Wash"), developing understanding of up and down ("Up And Down"), acting out swimming strokes ("I Have Swimsuits"), learning the concept of growing up ("I'm Getting Big Now"), gross motor actions ("I Like To Jump"), and correct behavior in the classroom ("Sit Down"). Six songs are on one side with vocal and music, while the other side is instrumental only. The electronic music of the Moog synthesizer is the only accompaniment to the short, lively songs created by William Janiak, a Registered Music Therapist. The album focuses on rhythm, self-expression, self-control, coordination, and motor control, while training a child to follow directions.

16. The Feel of Music, by Hap Palmer (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Kindergarten, Primary
USE: Movement Exploration, Music Education
VENDOR: EA

The Feel of Music relates the characteristics of music to the way we move. Musical concepts such as tempo, volume, pitch, meter, notes, rests, mood, and style are presented through singing, moving in specific ways, and music interpretation. A teacher's guide accompanies the record.

17. Hi Hopes, by Doris Walker (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Intermediate, Junior High, Senior High, Adult
USE: Songs, Music Appreciation, Self-Concept
VENDOR: EA

Produced under the direction of Doris E. Walker, this album contains eleven songs, some original, all contemporary. The singing and instrumentation was done by seven students from the Hope School (Anaheim, California), an educational facility for trainable mentally handicapped students. The students, ages fifteen through twenty-one, use drums, guitar, bass, maracas, tambourine, bells, claves, and castanets. The record is useful for general music appreciation and sing-along, as well as generating positive self-concept among mentally handicapped listeners.

18. The Holiday Sampler (4 discs, 7 in., 33 1/3 rpm) $7.98.

AGE LEVELS: Kindergarten, Primary
USE: Songs, Music Appreciation, Singing Games
VENDOR: R

This four-record set contains a panorama of songs, stories, rhythms and games for holidays the year round. International holiday selections include: "Santa's Christmas Party," "Activity Songs for Christmas," "The Witches Ball," "Gerome, the Giggling Ghost," "Bingo, the Easter Bunny," "Hanukkah Lights," and "The Dreidel Game." Among the American holiday selections are "Pledge of Allegiance," "The Star Spangled Banner," "A Thanksgiving Ballad," "The Spirit of '76," and "Squanto and the First Thanksgiving." Teachers notes contain background information, leadership techniques, and suggestions for each activity.

19. Homemade Band, by Hap Palmer (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Musical Instruments, Music Appreciation, Music Education, Nonlocomotor Rhythms, Fine Motor Skills
VENDOR: EA

The Homemade Band album includes original songs that are sung and played by the author. Rhythmic activities can be used in conjunction with the music to contribute to body awareness, gross and fine motor coordination, and auditory discrimination. Directions for various activities and pictorial instructions so children can make their own instruments are included on the album jacket.

20. Johnny Can Sing Too, Volume One (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Kindergarten, Primary
USE: Songs, Music Education, Self-Concept, Auditory Perception
VENDOR: L

Johnny Can Sing Too, Volume One presents basic approaches to involving children actively in singing activities. It is designed for children who have weak voices or who, because of emotional disturbance, find it difficult to participate in group music experiences. Creative participation is encouraged through techniques such as tone calls, chime-ins and phrases. Auditory perception discrimination and memory may also be enhanced through use of this record.

21. Johnny Can Sing Too, Volume Two (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Kindergarten, Primary
USE: Songs, Music Education, Self-Concept, Auditory Perception
VENDOR: L

This second volume in the Johnny Can Sing Too series presents more singing and music adventures with Johnny designed to help children develop their singing voices. The record is especially designed for children who do not have strong voices or who may not have had opportunities to develop their voices. Children are encouraged to participate, along with Johnny, in listening to and imitating pitch contrasts in tone-calls, chime-in phrases, and choruses.

22. Johnny Can Sing Too, Volume Three (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Primary, Intermediate
USE: Songs, Music Education, Self-Concept, Auditory Perception
VENDOR: L

Volume three of the Johnny Can Sing Too series presents a story involving Johnny that encourages listeners to actively participate through singing a variety of contrasting intervals, tone-calls, chime-in phrases and choruses, all of which are an integral part of the story. This volume requires greater involvement and auditory attention than volumes one and two. It is suitable for small group instruction for children from grades one through four who have difficulty participating actively in groups.

23. Koo-ee Poi-Poi: Record of Instruction, by Johnny Pearson (1 disc, 12 in., 33 1/3 rpm) $7.00.

AGE LEVELS: Intermediate, Junior High, Senior High, Adult
USE: Eye-Hand Coordination, Nonlocomotor Rhythms, Action Games, Agility
VENDOR: EA

The Poi Poi game is based on a Maori Indian ball game in which a single ball attached to the end of a long cord is swung in various patterns to the rhythm of a chant. This record by the same title provides complete directions with chant accompaniment for this eye-hand coordination game. Although it is an individual test of skill, a group performance makes an excellent program. Pois may be ordered from the re ord vendor at a cost of $7.50 per box of 24.

24. Learning as We Play, by Winifred E. Stiles and David R. Ginglend (1 disc, 12 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Action Games, Singing Games, Songs, Fine Motor Skills, Finger Plays, Gross Motor Skills, Locomotor and Non-locomotor Rhythms, Language Development, Self-Concept
VENDOR: F

Musical activities, rhythms, songs, circle games, and singing games for young children are presented on this record. Music has been selected and modified to contribute to the following areas of development:

relaxation, self-concept, group participation, self-control, language development, attention span, gross and fine motor skills, auditory discrimination, and rhythms. Music on the record lends itself to three main types of activity: sit down activities involving finger play and other small motions; physical activities such as circle games, marching and dancing; and rhythm instrument activities. A teacher's guide with suggestions for each selection is included.

25. Learning Basic Skills Through Music: Health and Safety, by Hap Palmer (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Health Education, Safety Education, Songs, Auditory Perception, Movement Exploration
VENDOR: EA

The contemporary musical instrumentation of these songs is intended to encourage participation. Each song has an instant song line and/or movement--a phrase, sentence, or movement which repeats itself throughout the song. Because it can be learned quickly and is repetitive, young children are able to participate actively right away. As children participate they are hearing the other words of each song, and as they hear these words, they are learning them without the need for a formalized teaching approach. Health and safety concepts presented include cleanliness, balanced diet, exercise, thoughtfulness, safety in a car, posture, and food groups. This record is part of a three-volume series of Learning Basic Skills Through Music. It is available on cassette, and a teaching guide suggesting movements for each song accompanies both.

26. Let's Have Fun With Listening, by Preston Hancock (6 tape cassettes) $34.80.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Auditory Perception, Music Education, Nonlocomotor Rhythms
VENDOR: CW

Six tape cassettes comprise Let's Have Fun With Listening. "High Low Fun" uses directed listening for changes of register to develop attention span. "Soft Loud Games" encourages the child to listen and respond to changes in dynamics. "Fast Slow Activities" gives musical examples of greater length to aid in developing reaction to changes in tempo. "Changing Rhythms" offers musical selections designed to improve the ability to hear changes. "Melody Quiz" includes activities that extend the child's ability to identify melodies and his or her awareness of changes in melodies. "Tone Color Play" provides for development of the child's awareness of tone quality. Skills in listening, attention span, and auditory perception may be improved by using these tapes. Individual cassettes or reel to reel tapes are available for $6.20 each.

27. Let's Have Fun With Music Games, by Preston Hancock (6 tape cassettes) $34.80.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Auditory Perception, Music Education, Singing Games
VENDOR: CW

Let's Have Fun With Music Games contains six tapes: "Melody Games, Rise and Fall" introduces the concept of high and low pitch and the shape of the melody line; "Melody Games, Pitch and Response" encourages the development of pitch response through the child's perception of his or her own voice; "Rhythm Play, Bodily Movement" presents rhythmic games and activities to improve control of large muscles and to develop attention span; "Rhythm Play, Muscular Control" introduces games and activities to develop the child's control of small muscles; "Tempo Activities" introduces the concept of tempo through the use of movements at different speeds; and "Dynamics with Fun" presents the concept of different dynamic levels and changes from one level to the other. Individual cassettes or reel to reel tapes are available for $6.20 each.

28. Let's Have Fun With Rhythm Band, by Preston Hancock (6 tape cassettes) $34.80.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Auditory Perception, Music Education, Nonlocomotor Rhythms
VENDOR: CW

Similar to the other Let's Have Fun With... cassette tape programs, each of these six cassettes deals with a separate aspect of rhythms. "Rhythm All Over" offers preparation for rhythm band activities through bodily response to various repeated patterns in rhythm. "Hands and Arms Make Rhythm" stimulates development of rhythmic control and response through small muscle response to repeated rhythm patterns. "Rhythmic Hands" stresses use of small precise movements in response to rhythm. "Partners in Rhythm" offers rhythmic activites in which children are paired with a partner. "Voices in Rhythm" stimulates use of the voice in counting and speaking, along with muscular responses. "Tricky Rhythm Games" offers rhythmic activities to develop the child's concentration and attention span. The program may be purchased on individual cassettes or reel to reel tapes for $6.20 each.

29. More Learning As We Play, by Winifred E. Stiles and David R. Ginglend (1 disc, 12 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Finger Plays, Action Games, Singing Games, Songs, Fine Motor Skills, Gross Motor Skills, Locomotor and Non-locomotor Rhythms, Language Development, Self-Concept
VENDOR: F

This companion to Learning As We Play contains songs, rhythms, and beginning rhythm band activities planned to appeal to children with mental ages of three to eight years. Music has been chosen and modified to contribute to emotional health through feelings of participation and achievement; to social development through following directions and sharing; to language development through heightening auditory discrimination; and to physical development through gross and fine motor skill development and rhythms. The album lends itself to three main types of activity: sit down activities involving finger play and other small motions, physical activities such as circle games, marching and dancing; and rhythm instrument activities. A teacher's guide is included.

30. Perceptual Motor Activities Using Rhythm Instruments, by Georgiana Liccione Stewart (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Primary, Intermediate
USE: Musical Instruments, Songs, Nonlocomotor Rhythms, Manual Dexterity
VENDOR: K

Perceptual Motor Activities using Rhythm Instruments is designed to provide children with various experiences in singing, moving, and playing rhythm instruments. While engaging in movement patterns described for each selection in the accompanying manual, children may develop such fine and gross motor skills as hand stretching, grasping, independent finger control, right/left discrimination, toe tapping, marching, and body flexibility. The songs, featuring an international flavor ("Volare," "Cielito Lindo," "Flower Drum Song") are simple, repetitive, and lively. Side A includes narration with counts and descriptions for the rhythm patterns of the instruments; side B has only the instrumentals to allow for creativity by participants.

31. Pre-Driver's Education Through Music, by Lou Stallman and Bob Susser (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Safety Education, Movement Exploration, Songs
VENDOR: S

This album was created to educate children in the skills of driving and safety measures needed to operate a motor vehicle. Children are encouraged to be physically, verbally, and emotionally involved, and, through the use of their imaginations, to experience what it is like to drive an automobile. The simple songs cover such topics as driver's license, what to remember before starting a car, hand signals, and rules for safe driving. In addition, children are taught to recognize traffic signs and warning sirens. At the end of the album a driver's test is given in song format. Different movements and class activities can be choreographed to the songs and in improving rhythm, socialization, and listening skills.

32. Primary Musical Games, by Ed Durlacher (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary, Intermediate
USE: Action Games, Singing Games, Locomotor Rhythms, Pantomiming, Coordination, Gross Motor Skills
VENDOR: EA

This album of simple but challenging musical games may be used in the regular classroom as well as in the physical education class. Instructions are given in the talk-through-walk-through method which can develop students' ability to listen, comprehend, and follow directions. Types of games included on the records are elimination, mimetics, action, marching, and singing games. These can help participants improve coordination and locomotor skills.

33. Programmed Enrichment Songs for Exceptional Children, by Elizabeth Huszagh (4 discs, 12 in. 33 1/3 rpm) $22.50.

AGE LEVELS: Primary, Intermediate
USE: Language Development, Gross Motor Skills, Listening, Songs, Daily Living Skills
VENDOR: Co

The original songs on this four-record album involve the curricular areas of physical education, health, recreation, language arts, and daily living, with the entire series systematically programmed for a full school year's use yet flexible enough to be useful as culminating activities within a classroom. Each of the eight programmed units consists of a sequential series of songs that may intensify development of listening skills, motor functioning, speech habits, and environmental awareness. The set is designed to be used four to six weeks, three to five times weekly, depending upon the learning rate of the children in the group.

34. Rhythm Band Piano With Instrument Sounds, by Harold LeCrone and Mary Jane LeCrone (1 disc, 10 in., 33 1/3 rpm) $4.95.

AGE LEVELS: Primary, Intermediate
USE: Musical Instruments, Nonlocomotor Rhythms, Auditory Perception, Music Education
VENDOR: LE

Rhythm band is an important part of every young child's musical education. It develops a feeling for rhythm; teaches listening and appreciation for melody; and gives opportunity for group participation. In using this record it is recommended that listeners become familiar with the music and identify the instrument sounds as they are heard. Children should become familiar with rhythm band instruments, the correct way to hold and play them and their sound as they are played.

35. Rhythm Instruments With Folk Music From Many Lands, by Ruth White (3 discs, 7 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Kindergarten, Primary
USE: Songs, Musical Instruments, Nonlocomotor Rhythms
VENDOR: R

These records contain examples of percussion instruments and playing directions, as well as several songs for singing and rhythm accompaniment. The songs from many countries include: "Sourwood Mountain," "Lithuanian Lullabye," "O, Dear, What Can The Matter Be?," "French Carol," "The Keeper," "Stodola Pumpa," "The Ashgrove," "Russian Dance," and "Polish Dance." Illustrated teachers' notes include background information, specific teaching techniques, and directions for playing instruments.

36. Rhythm Record For Primary Children: Reading Readiness and Number Readiness, by Harold LeCrone and Mary Jane LeCrone (1 disc, 10 in., 33 1/3 rpm) $4.95.

AGE LEVELS: Primary, Intermediate
USE: Laterality, Directionality, Nonlocomotor Rhythms, Body Awareness, Kinesthetic Perception, Action Games
VENDOR: LE

The eight rhythm songs on this album deal with concepts of in-out, up-down, over-under, left-right, before-after, big-little, and counting fingers. There is a sequential pattern to each song. Words and suggested actions are enclosed with the record, which is structurally designed so the teacher can play the music either with or without words.

37. Rhythm Stick Activities, by Henry "Buzz" Glass and Rosemary Hallum (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Action Games, Singing Games, Nonlocomotor Rhythms, Fine Motor Skills, Eye-Hand Coordination
VENDOR: EA

Used creatively, rhythm sticks, whether rolled up newspapers, PlaTubes, or Lummi Sticks, can widen a perceptual motor program. This album and manual provide music, directions, and ideas for using rhythm sticks. Music is contemporary and adapted especially for stick activities, which can be played by two or more children seated or standing.

38. Rhythms and Songs for Exceptional Children (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Primary, Intermediate
USE: Songs, Nonlocomotor Rhythms, Musical Instruments
VENDOR: L

This record was created to help teachers of the child with exceptional needs introduce experiences in singing and rhythm which can give maximum amount of enjoyment and feelings of success. A female voice, through spoken directions and the singing of light folk songs, leads children simply and slowly. Methods used include clapping, tapping, playing rhythm instruments, frequent repetition of phrases and choruses, clear directions, low pitches, easily learned songs, and songs of contrasting moods. Drum rhythm sticks, sand blocks, triangle, cymbals, and tone blocks accompany songs. A teacher's manual gives ideas for introducing the record, follow-up activities, directions for making rhythm instruments, and the words to the songs. Songs are "Come With Me," "I Heard A Drum A-Drumming," "Down In The Valley," "Old MacDonald Had A Farm," "Swing Low Sweet Chariot," "Tap Your Hand Upon Your Head," "My Bonnie," "Home On The Range," and "Cape Cod Chantey."

39. The Rhythms Hour, by Ruth White (3 discs, 7 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Kindergarten, Primary
USE: Locomotor and Nonlocomotor Rhythms, Walking, Marching
VENDOR: R

Basic rhythmic activities designed for young children are included on these three records. Musical selections include: "Children's March," "Magic Boots," "Two Hands," "How I Walk," "Horses," and "Engines, Bubbles 'N Balls." Illustrated teacher's notes give background information, specific teaching techniques and directions for each song.

40. Sing Along Do Along Activities, by Lou Stallman (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Action Games, Singing Games, Finger Plays, Self-Expression
VENDOR: S

Sing Along Do Along Activities presents ten learning experiences in which children can participate. Concepts are presented through such activities as circle dances, finger games, and responsive action games. Among the titles on the record are the following: "Answer The Questions," "Where Do We Find These Animals?," "1 to 8 Dance," "That's What We Call Feelings," "In The Center Of The Circle," "In What Room?," "The Finger Game," and "It's So Nice to Share." Children can develop skills in listening, following directions, and problem solving as well as gross and fine motor coordination by playing the games and participating in the activities on this record.

41. Singing Games From Many Lands (2 discs, 7 in., 33 1/3 rpm) $4.98.

AGE LEVELS: Kindergarten, Primary
USE: Singing Games, Locomotor and Nonlocomotor Rhythms
VENDOR: R

Singing Games From Many Lands contains words and activity directions for eight singing games. These include "Ring Around The Rosy," "Did You Ever See A Lassie," "Sailboat," "I Should Like To Go To Shetland," "The Gallant Ship," "Garden Game," "Annie Goes to the Cabbage Patch," and "German Clap Dance." Illustrated teachers' notes give background information, specific teaching techniques, and directions for each activity.

42. The Small Listener (1 disc, 12 in., 33 1/3 rpm) $5.99.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Music Appreciation, Music Education, Listening, Auditory Perception
VENDOR: B

Nineteen musical selections by famous composers have been arranged and conducted by Edward Jurey especially to provide listening experiences for young children. Selections include Hayden's "March," Rebikoff's "Dance of the Little Bells," Brahms' "The Woods at Night," Maykapar's "Echo in the Mountains," and Jurey's "Bell Rondo!" Children should be encouraged to relax and enjoy these classics, which are three minutes in length.

43. The Small Player (1 disc, 12 in. 33 1/3 rpm) $5.99.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Dance, Music Appreciation, Locomotor Rhythms
VENDOR: B

Marches, waltz, jazz, Indian drums, polka, and nursery rhyme tunes are all contained in this record especially arranged and conducted by Edward Jurey for young children. Youngsters may enjoy moving creatively while responding to the vigorous and lively music, and selections are short enough to accommodate the attention span of young listeners. Music includes "Teddy Bear March," "Pop Goes The Weasel," "Dixieland Jazz," "Si Senor," "March Of The Ghosts," and others.

44. The Small Singer, Volume One, by Edward Jurey (1 disc, 12 in., 33 1/3 rpm) $5.99.

AGE LEVELS: Primary
USE: Songs, Listening
VENDOR: B

Five categories of music are included on this recording of twenty-five songs for young children: Little Creatures, Wheels and Wings, Songs of Mexico, Play, and Halloween. These songs were selected from the The Small Singer Songbook by the same author. Edward Jurey arranged and conducted music on this record in a way which encourages children to sing along as they listen to "The Snail," "Big Black Train," "Ride, Cowboy, Ride," "I'm A Witch," and others.

45. The Small Singer, Volume Two, by Edward Jurey (1 disc, 12 in., 33 1/3 rpm) $5.99.

AGE LEVELS: Primary
USE: Songs, Listening
VENDOR: B

Four categories of music are included on this recording of twenty-five songs for young children: Nature, Pets, Seasons, and Home. Songs were selected from The Small Singer Songbook by the same author. Edward Jurey has arranged and conducted the music in a way that encourages young children to sing along as they listen to "Poor Mister Wind," "Fog," "Mr. Turtle," "Autumn Dances," "Easter Bells," "Skip to Market," and others.

46. Songs About Me: Basic Concepts Taught Through Music, Volume One, by William C. Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Primary, Intermediate
USE: Gross Motor Skills, Auditory Perception, Body Awareness, Songs, Daily Living Skills
VENDOR: K

This album presents eight musical activity songs created and sung by William Janiak, a Registered Musical Therapist and Certified Special Educator. Lyrics are simple and repetitive sung in a low pitch to slow tempo. The words are available for each selection in addition to a stated purpose and a short paragraph on suggested uses for each song. For example, the selection "Stand-Up--Sit-Down" is useful in developing listening skills through directing children to clap, slap knees, stamp feet and do all this nice and loud. Counting, learning body parts, swaying and swinging, identifying days of the week, and meats and fruits, and discriminating between different speeds are other activities on this recording. The instrumental side of the record allows for simple listening, background music, or teacher-child innovations.

47. Songs About Me: Basic Concepts Taught Through Music, Volume Two, by William C. Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Primary, Intermediate
USE: Gross Motor Skills, Daily Living Skills, Songs, Auditory Perception
VENDOR: K

William Janiak, a Registered Musical Therapist and Certified Special Educator, has created seven musical activity songs with simple and repetitive lyrics, without relying on the guide booklet. The tempo is slow and the pitch low for all songs. Purposes and suggested uses for each song are presented in the guide booklet. For instance, the

selection "A Piece of Paper" aids in developing listening skills by directing children to shake, blow, stamp, march on, and slide pieces of paper. Other songs involve learning about foods, daily routines, and self-expression using the head.

48. Songs About Me: Basic Concepts Taught Through Music, Volume Three, by William C. Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Primary, Intermediate
USE: Gross Motor Skills, Body Awareness, Auditory Perception, Laterality, Songs, Daily Living Skills
VENDOR: K

These lyrics are simple and repetitive, easy for teachers to learn and convey without relying on the guide booklet. All songs are slow and low-pitched. Some of the selections are: "If You Have This On--Stand Up, Sit Down" (directs children to identify body parts and follow directions); "Rock the Little Baby" (demonstrates love); and "I Like To Move To The Left And Right" (small group activity involving following directions to learn left/right discrimination). The accompanying guide booklet includes words, stated purpose, and suggested use for each song.

49. Songs in Motion: Activity Songs/Nursery Rhymes, by Henry Colella and Mario Truglio (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood, Kindergarten
USE: Singing Games, Gross Motor Skills, Fine Motor Skills, Songs
VENDOR: EA

The songs, activities, and nursery rhymes on this album were designed to develop gross and fine motor skills and to encourage socialization in children who are slow learners. Activities were developed in the B.O.C.E.S. schools for children with learning problems. The album comes with a teacher's manual that further describes activities. All songs have piano accompaniment, and provide an opportunity for development and growth through singing, dancing, listening, and creative activity in early childhood level children. Some of the songs included on this album are: "Little White Duck," "Alley Cat," "Musical Chairs," "Join In The Game," and "Long, Long Ago."

50. Songs in Motion: Secondary, by Henry Colella and Mario Truglio (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Junior High, Senior High
USE: Social Dance, Songs
VENDOR: EA

The contemporary songs and traditional folk songs on this album were selected to answer the growing need for musical albums appropriate for adolescents with learning disabilities, language handicaps, minimal brain dysfunction or perceptual handicaps. Some of the songs are for students to sing along with; others are suitable for social dancing. Additional activities that can help improve self-concept and contribute to success in social relationships are described in an accompanying teacher's manual. Some of the songs included on the album are: "Love," "Kum Ba Yah," "Lemon Tree," "This Land Is Your Land," and "Shenandoah."

51. Stories For Creative Learning (3 discs, 7 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Kindergarten, Primary
USE: Dramatics, Language Development, Storytelling, Listening
VENDOR: R

These three records present stories developed in the classroom that contain concepts for learning at the primary level: ideas about machines, occupations, conservation, clothing, and science (sea life, wind, and sun). Notes for the teacher provide suggestions for creative dramatics activities based on the stories. Story titles include: "Suzanne And The Sea Boy," "Machines Around The House," "An Important Job," "The Unhappy Sunbeam," "A Trip With The Wind," and "Magic Shoes."

52. The Story Hour (3 discs, 7 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Kindergarten, Primary
USE: Storytelling, Language Development, Listening, Dramatics, Pantomiming
VENDOR: R

This set presents six classic activity stories that may be used for creative dramatics or listening. Stories included on the records are: "The Boy Who Went To The North Wind," "The Princess And The Frog," "The Town Musicians," "The Rooster, The Mouse, And The Little Red Hen," "Mr. And Mrs. Vinegar," and "The Three Sillies." Teachers' notes contain background information, teaching techniques, and directions for acting out each story.

53. This Is Rhythm, by Ella Jenkins (1 disc, 12 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Primary, Intermediate
USE: Nonlocomotor Rhythms, Musical Instruments, Music Education Auditory Perception
VENDOR: L

Ella Jenkins introduces the concept of rhythm through definitions in poetry, percussion instruments, and rhythmic songs and chants. Ten different rhythm instruments are explained in a relaxed manner

for the purpose of presenting information informally and to allow creative expression by children. Conga drum, bongo, rhythm sticks, maracas, guiro, cow bell, blocks, tamourines, plate gong, and bell tones from other cultures allow opportunity for exploring sounds. A companion book, This is Rhythm, provides easy-to-read lettering and illustrations done by Ella Jenkins based on the recording and costs $3.25. The record is available on tape cassette for $7.95.

54. Twenty-Six All Purpose Action Tunes (2 discs, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Songs, Locomotor and Nonlocomotor Rhythms
VENDOR: H

Melodies familiar to children and adults are included on these records (i.e., "School Days," "Syncopated Clock," "The A B C Song," and "Parade Of The Wooden Soldiers"). The moderate tempo and orchestral arrangement provide a wide variety of moods useful for dancing, skipping, running, singing, and rhythm band.

RECORDS FOR MOVEMENT EXPLORATION

Newer records are presenting listeners, particularly young children, with problems that can be solved through movement. These approaches aid in motor development, help children discover their bodies and potentials for movement, and also let children discover new ways to express themselves. Movement problems often deal with specific concepts in curricula areas, such as mathematics, or English.

In movement exploration activities, the leader does not demonstrate or give any indication of a right-wrong response. The leader might point out movement that other individuals are using, encouraging each participant to try something different. The leader might also have children work in pairs, which is often less inhibiting to older children. Or the leader could start movements from a sitting position to reduce embarrassment and encourage exploration.

The records in this section contain either music alone or music with spoken suggestions for individual creative expression through movement. Records with teacher guides provide additional information for the leader who wishes to develop a movement exploration program but has little experience in actual leadership.

55. Activities for Individualization in Movement and Music, by Henry "Buzz" Glass and Rosemary Hallum (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Early Childhood, Kindergarten
USE: Movement Exploration, Action Games, Pantomiming, Perceptual Motor Development, Gross Motor Skills
VENDOR: EA

Action songs, chants, games, dances, stories, and drama that provide group activities requiring individual responses from young children are the aims of this record. Children may be motivated to join in by the actions and variations which stress rhythms, movement, and music enhancing perceptual development, basic locomotor activities, directionality, and body control. Selections include: "The Saints Go Marching In," "Statue Game," "Digga Do," "La Raspa And The Bottle," and "Little Red Fox." The album is also available on tape cassette for $9.95.

56. Adventures in Rhythms, Volume One, by Ruth White (3 discs, 7 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Exploration, Pantomiming, Locomotor Rhythms
VENDOR: R

This album contains twenty-two pieces for early childhood or beginning rhythms activities. The wide range of images and concepts covered by these tunes includes music for things that walk, skip, move in circles, move in squares, are stiff, and are quiet. Music for engines that accelerate, machines, and simply for listening is also included. Gross motor and locomotor skills, imagery, creativity, and rhythm may be enhanced by using this record for play, movement exploration, dance, and singing activities.

57. Adventures in Rhythms, Volume Two, by Ruth White (3 discs, 7 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Primary, Intermediate
USE: Movement Exploration, Pantomiming, Locomotor Rhythms
VENDOR: R

Like volume one, this album contains music and sound effects for dramatizations in rhythmic movement. Music for such scenes as "The Circus," "My Garden," "The Toy Shop," "Rain," "Outer Space," and "Sea Life" is presented along with suggestions for the teacher. Children can be assisted to develop creativity, locomotor skills, and rhythmic abilities by using these records for play, movement exploration, and dramatic activities.

58. At The Beach (10 books, 1 cassette) $13.45.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Exploration, Language Development, Self-Expression, Storytelling, Listening
VENDOR: M

At The Beach is one of the eight part Dance A Story Recordings series, which provides opportunities for children to participate in stories by dancing or following along with a book. This set includes a cassette accompanied by ten illustrated, full-color books. One side of the cassette provides music and narration about a beach where the "magic of surf and sand lets us be everything we see." The other side of the cassette is music only, for improvisation and original interpretation. Young children will enjoy participating in this story while increasing their skills in reading, creativity, self-expression, and movement.

59. Balloons (10 books, 1 cassette) $13.45.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Exploration, Language Development, Self-Expression, Storytelling, Listening
VENDOR: M

Another in the eight part Dance A Story Recording series, Balloons provides opportunities for children to participate in stories by dancing and/or following along with a book. This set includes a

cassette accompanied by ten illustrated, full-color books. One side of the cassette provides music and narration about balloons; the other side of the cassette is music only, for improvisation and original interpretation.

60. Brave Hunter (10 books, 1 cassette) $13.45.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Exploration, Language Development, Self-Expression, Storytelling
VENDOR: M

Brave Hunter is another of the eight part Dance A Story Recordings series which provides opportunities for children to actively take part in stories by dancing and/or following along with a book. The set includes a cassette accompanied by ten illustrated, full-color books. One side of the cassette provides music and narration about a brave hunter who stalks deer and speaks to them through dance; the other side of the cassette is music only, for improvisation and original interpretation.

61. Drum Talk And Going Places, by Evelyn L. DeBoeck and Beth O. Chanock (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Exploration, Locomotor Rhythms, Auditory Perception
VENDOR: EA

Moving to drum beats and other musical sounds is a natural activity for children. This album combines conventional instrumentation and made-up sounds to which children can move, create, and improvise. The different musical effects include sounds from various types of drums, xylopipes, bass, piano, and other instruments. A teacher's guide is also included. Also available on cassette for $7.95, this record would be particularly stimulating for movement exploration, rhythms, and development of auditory motor integration. Children can move to the music or vocally imitate sounds of the various instruments.

62. Flappy and Floppy (10 books, 1 cassette) $13.45.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Expression, Language Development, Self-Expression, Storytelling, Listening
VENDOR: M

One of the eight part Dance A Story Recordings series, this set provides opportunities for children to participate in stories by dancing or following along with a book. Included in the set are a cassette accompanied by ten illustrated, full-color books. One side of the

cassette provides music and narration about the story of a light hearted rag doll puppet whose strings break; the other side of the cassette is music only, for improvisation and original interpretation. Young children will enjoy participating in this story while increasing their skills in reading, creativity, self-expression, and movement.

63. Getting To Know Myself, by Hap Palmer (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Primary, Intermediate
USE: Movement Exploration, Songs, Body Awareness, Emotional Development
VENDOR: EA

These twelve activity songs are child-centered, movement oriented, happy, and easy to learn. They take advantage of the child's natural desire to explore, experience and discover, helping children become aware of their bodies and the capabilities of body parts, themselves in the physical environment, and their feelings and emotions. The activities use techniques of problem solving, guided exploration and free exploration. This record is also available on cassette.

64. Ideas, Thoughts, And Feelings, by Hap Palmer (1 disc, 12 in. 33 1/3 rpm) $6.95.

AGE LEVELS: Early Childhood, Kindergarten
USE: Emotional Development, Self-Concept, Songs, Movement Exploration
VENDOR: EA

This activity album places emphasis on healthy affective development in the areas of discovery, problem solving, and independent thinking. Young disabled children are encouraged to think about the variety of ways a task can be executed or a question answered. Many of the activities may be done in small groups or with partners. Titles include: "Everybody Has Feelings," "Building Bridges," "I Like Me," "Move Around The Room," and "I Don't Like Me." This record is also available in tape cassette for $7.95.

65. Listen, Move, And Dance, Volume One, by Vera Gray (1 disc, 12 in., 33 1/3 rpm) $6.25.

AGE LEVELS: Primary, Intermediate
USE: Movement Exploration
VENDOR: L

This record consists of a wide variety of instrumental and electronic sounds especially created for movement work but also of use as incidental sounds for plays and puppet shows and for stimulating the imagination in the classroom or motor development program. Included are musical selections for quick, light, strong, and slow movements

combined in various ways. No directions or instructions are given; rather, the sounds invite children to move for themselves. This volume and the companion, Volume Two, have been recommended in workshops, creative dance classes and teachers' meetings across the U.S.A. Contents include "Latin America," "African Drumming," "Timpani," "Machine," and "Journey Into Space."

66. Listen, Move, and And Dance, Volume Two, by Vera Gray (1 disc, 12 in., 33 1/3 rpm) $6.25

AGE LEVELS: Primary, Intermediate
USE: Movement Exploration, Dance
VENDOR: L

Companion record to Volume One, this album consists of a wide variety of exciting sounds, percussion and electronic, especially created for movement work but also of use as incidental sounds for plays and puppet shows, and for stimulating the imagination during any classroom or motor development activity. Side one includes percussion compositions for quick and light movements, for quick and strong movements, and for slow and light movements. Side two includes electronic sound pictures for slow and strong movements and for dance and dramatic movements. In addition, classical selections by Saint-Saens and Copland have been adapted especially for listening, moving, and dancing.

67. Little Duck (10 books, 1 cassette) $13.45.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Exploration, Language Development, Self-Expression, Storytelling, Listening
VENDOR: M

This is one of the eight Dance A Story Recordings which include a cassette accompanied by ten illustrated full-color books. One side of the cassette provides music and narration about a little duck who swims out to sea and is rescued by a sea gull. The other side of the cassette is music only, for improvisation and original interpretation. Young children may actively participate in this story while increasing their skills in reading, creativity, self-expression, and movement.

68. Magic Mountain (10 books, 1 cassette) $13.45.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Exploration, Language Development, Self-Expression, Storytelling, Listening
VENDOR: M

Another of the Dance A Story Recordings, Magic Mountain provides opportunities for children to participate in stories by dancing or following along with a book. The set includes a cassette and ten illustrated, full-color books. One side of the cassette provides music and narration about a land of fantasy and enchantment called Magic Mountain. The other side of the cassette is music only, for improvisation and original interpretation.

69. Make Believe In Movement, by Maya Doray (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Movement Exploration, Dramatics
VENDOR: K

Combining physical fitness with creative expression, the seven movement stories set to musical adaptation on this album invite children to make believe they are a bouncing ball, a playful puppy, stretchy pizza dough, a fluffy cloud, an inquisitive ghost, a drying shirt, or a busy elevator. These story songs are designed to encourage children to express themselves motorically and at the same time develop gross motor skills and coordination, strengthen imaginations, build vocabulary, and express themselves creatively through physical movements which combine basic dance and exercise positions. Side A contains both music and vocal narration. Side B is instrumental only, allowing children to create their own interpretations. A teacher's manual suggests basic preliminary preparations as well as additional movement stories which may be presented with the instrumental side.

70. Music For Creative Movement, Series One (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Primary, Intermediate
USE: Movement Exploration, Gross Motor Skills
VENDOR: K

These twelve fully orchestrated selections can be used by the regular or special education teacher or the physical educator for improvisational activities involving turning, stretching, balancing, animal imitations, locomotor movements, partner activities, ball activities, and rope jumping. Such activities can facilitate development of motor skills, auditory discrimination, and dance patterns. The music may also be used for free movement exploration as selections contain varying rhythmic patterns and tempos.

71. Music For Creative Movement, Series Two (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Primary, Intermediate
USE: Movement Exploration, Gross Motor Skills
VENDOR: K

Series two, like series one, also contains twelve fully orchestrated selections to be used by the regular or special education teacher or the physical educator for various improvisational activities involving sit-ups, balancing, hopping, ball skills, animal walks, and bending. These activities can help develop motor skills, auditory discrimination, and dance patterns. The music may also be used for free movement exploration, as selections contain varying tempos and rhythmic patterns.

72. Noah's Ark (10 books, 1 cassette) $13.45.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Exploration, Language Development, Self-Expression, Storytelling, Listening
VENDOR: M

As one of the eight part Dance A Story Recordings series this set provides opportunities for children to dance and read a story about all the animals who came two-by-two to Noah's ark. The set includes a cassette and ten illustrated, full-color books. One side of the cassette provides music and narration; the other side is music only, for improvisation and original interpretation.

73. Outer Space: Musical Playlet, by Georgiana Liccione Stewart (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Intermediate
USE: Gross Motor Skills, Movement Exploration, Dramatics, Language Development, Self-Expression
VENDOR: K

This musical playlet, developed around an outer space theme, combines movement and dramatics with reading skills in a story set to music. To enhance reading ability, children can listen to the record while reading the script. It can be used as a dramatic exercise, with children role playing or pantomiming the story as it goes along. The music has been designed for specific movement activity--bouncing, stretching, baton twirling, knee bends, toe touching, balancing, rope jumping, animal walks, yoga positions--so it may be used as a physical education or recreation activity. Each side of the record contains one, fifteen-minute part that can be used alone. A manual includes teacher's hints for class use, scripts, movement activity, and related curriculum materials.

74. Rainy Day Dances, Rainy Day Songs, by Patty Zeitlin and Marcia Berman (1 disc, 12 in. 33 1/3 rpm) $6.95.

AGE LEVELS: Primary, Intermédiate
USE: Movement Exploration, Dramatics, Emotional Development, Language Development, Storytelling
VENDOR: EA

Six songs about rainy or windy days comprise Side A of this record, and all songs are clearly sung with enough repetition that young children can sing along. Side B presents a danceable story narrated by Ann Barlin that encourages children to dance, sing, and dramatize about a child's growth from infancy to independence. Sensory and imaginative experiences with rain are part of the story. The imaginative part, "I'll Pretend To Be," may help children handle fears of wind, thunder, and lightning. Side B offers several lively songs for expression and body movement pertaining to wind and rain, with a few quieter songs for listening and resting. The vocals are shared by the authors. One song encourages children to create their own words relating their rainy day experiences. A guide gives words to the songs as well as suggested preparatory experiences for the rainy day dance. This album is available on audiotape cassette for $7.95.

75. Rhythms for Today, by Carrie Rasmussen and Violette Stewart (2 discs, 12 in., 33 1/3 rpm) $11.95.

AGE LEVELS: Primary, Intermediate
USE: Crawling, Walking, Running, Skipping, Movement Exploration, Pantomiming, Locomotor Rhythms
VENDOR: EA

Fifty-five short piano and sound rhythms intended to develop the creative abilities of children have been organized into eight categories on these records: Natural Movements (creeping, walking, running, skipping, etc.), Movable Objects (swinging, see-saw, etc.), Animals, Make-Believe People, Real People, Nature, Transportation, and Space Travel. The basic concept of the records is that movement is an integral part of children and is a way of learning about life and expressing what is learned. Movement is rhythm and rhythm is a part of the natural and beautiful activity of life. These movements can give experience enrichment to children with perceptual motor difficulty, learning disabilities, visual impairment, and those lacking in self-expression and body image development. The rhymes are simple enough to learn and the tempo of the music is slow and easy. The addition of sound-effects can help to stimulate imagination and can be used to enrich a language development activity.

76. The Toy Tree (10 books, 1 cassette) $13.45.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Exploration, Language Development, Self-Expression, Storytelling, Listening
VENDOR: M

The Toy Tree is one of the eight-part Dance A Story Recordings series which provides opportunities for children to participate in stories by dancing or following along with a book. This set includes a cassette accompanied by ten illustrated, full-color books. One side

of the cassette provides music and narration about a magical tree where toys grow. The other side of the cassette is music only, for improvisation and original interpretation. Young children will enjoy participating in this story while increasing their skills in reading, creativity, self-expression, and movement.

77. Troll At The General Meeting (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Primary
USE: Movement Exploration, Perceptual Development, Gross Motor Skills
VENDOR: L

Troll At The General Meeting is a record designed to develop the concepts of and participation in such motor activities as rocking, scampering, hopping, tip toeing, resting, snoring, stretching, and active counting. Particularly children in grades one through four may find it useful for following directions, learning how to stop and go on cues, establishing an accurate awareness of the body and its position in space, or simply enjoying movement while attending to the Troll as he gives instructions. Side two of the record consists of music without the story to provide opportunities for creativity.

78. Wake Up! Calm Down, by Elizabeth Polk (1 disc, 12 in. 33 1/3 rpm) $7.95.

AGE LEVELS: Primary, Intermediate, Junior High
USE: Movement Exploration, Dance, Locomotor Rhythms
VENDOR: EA

These eleven tunes represent a wide variety of moods and rhythmic characteristics and are appropriate for most instructional and functional levels. Dance teachers, dance therapists, classroom and music teachers will find this record valuable in initiating movement and as accompaniment to other activities. The teacher's guide contains tested approaches to the use of the selections for special education classes. These ideas seek to develop body control and image, group interaction, and rhythmic sensitivity and aim to create a proper atmosphere, enlivening or calming a group. Each musical selection runs about three minutes. Some selections are "Town Without Pity," "Down By The Station," "Tijuana Christmas," "We're Off To See The Wizard," and "Limbo Rock." The author of the dance and rhythm concepts, Elizabeth Polk, is a Registered Dance Therapist and member of the American Dance Therapy Association.

79. Walk Like The Animals, by Georgiana Liccione Stewart (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Movement Exploration, Gross Motor Skills, Dramatics
VENDOR: K

This record and its accompanying illustrated manual present eight imitative animal walks set to music, designed to provide children opportunities to warm-up, stretch, and develop gross muscle coordinations. Each musical activity invites children to walk like some animal (inchworm, puppy dog, duck, crab, etc.), helping to develop rhythmic coordination and perceptual motor skills. The pacing, rhythm, and tempo are simple and allow each child to perform at his/her own capacity. With gradual demonstration, stressing the particular physical functions to be used, young children may become more aware of the body, its parts, and how they can move to imitate something other than a human. Side A contains the music and narration describing the actions; side B has the musical background only to allow for free interpretation.

RECORDS FOR DANCE

These various records can be used for social and square dances, some creative dance, and teaching pre-dance skills to youngsters. Of particular interest are the records that present dances at different speeds, permitting the leader to teach even the most basic beginning steps with musical accompaniment. This approach also is helpful to dancers in wheelchairs who know all the steps but cannot dance to music at regular fast tempo.

80. Basic Concepts Through Dance For Exceptional Children: Body Image, by Arden Jervey and Dorothy Carr (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Primary, Intermediate, Junior High, Senior High
USE: Dance, Body Awareness, Auditory Perception
VENDOR: EA

These dances were selected by the authors to develop and reinforce self-concept, body image, listening skills, and social development in children. The record uses a new technique, repeating each dance in several tempos, ranging from slow through medium and regular. The recording in regular tempo consists of music only, making it ideal for use in class or school dance programs; during slower tempos, complete verbal directions for each dance are given. A simplified approach to the steps, patterns, and instructions is followed throughout.

81. Basic Concepts Through Dance For Exceptional Children: Position in Space, by Arden Jervey and Dorothy Carr (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Primary, Intermediate, Junior High, Senior High
USE: Dance, Kinesthetic Perception, Body Awareness, Auditory Perception
VENDOR: EA

This album of selected dance step techniques, with piano accompaniment, repeats each dance selection in several tempos (slow through regular) without losing the basic rhythm of the song. The voice pitch is low, articulation is clear, and instructions are simple. Thus, individuals can rely on slow tempo and clear instructions until each dance step is mastered. Positions in space dance steps encourage and reinforce self-concept, body image, and listening skills through social activity.

82. Basic Square Dance Music (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Primary, Intermediate, Junior High, Senior High, Adult
USE: Social Dance
VENDOR: EA

This album contains five lively and familiar songs for those who wish to do their own square dance calling. Written instructions for dance patterns are also provided, as well as a glossary of twenty-five square dance terms.

83. Children's Dance Time For Primary Children, by Harold LeCrone and Mary Jane LeCrone (1 disc, 10 in., 33 1/3 rpm) $4.95.

AGE LEVELS: Primary, Intermediate
USE: Locomotor and Nonlocomotor Rhythms, Dance, Action Games, Pre-Dance Skills, Walking, Hopping, Marching
VENDOR: LE

Composed and recorded by Harold and Mary Jane LeCrone, these piano dance tunes lend themselves to rhythmic activities which include clapping, sliding, walking, hopping, twisting, and marching. Game and dance ideas are included on the record jacket and the enclosed direction sheet for "Swing Your Partner," "Children's Colonial Dance," "Children's Clap Dance," and a festival dance. As it is a teacher-directed record, leaders should familiarize themselves with words and music concepts prior to group presentation.

84. Contemporary Tinikling Activities, by Boyd M. Paxton (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Intermediate, Junior High
USE: Dance, Locomotor Rhythms, Agility, Balance, Coordination, Action Games, Flexibility
VENDOR: EA

Tinikling, an original Philippine folk dance, is performed with two long bamboo sticks that are clapped together as participants perform various patterns between them. The dance can be helpful in developing coordination, grace, poise, rhythm, and timing, as well as agility and balance. Contemporary songs in 4/4 time on the record include: "The Entertainer," "Put Your Hand In The Hand," "Brazilia," "What Now My Love," "You Are The Sunshine Of My Life," and "Walk Right In." Six five-foot bamboo poles may be purchased for $5.75 from the record vendor.

85. Creative Dance, Volume One, by Jeri Packman (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Primary, Intermediate, Junior High
USE: Walking, Running, Skipping, Locomotor Rhythms, Dance, Pre-Dance Skills
VENDOR: ED

Creative Dance, Volume One presents basic dance step techniques guided by the clear, slow paced narration of Jeri Packman. She begins by asking what dance is and presents elementary dance vocabulary

including walk, run, and skip followed by music for each of these movements, requesting the listeners to move. The remainder of side one contains technique, variations, improvisations, and dance forms based on the walk; the same approach is used on side two for running. The record can be used for one hour, one-half hour, or only ten minutes of instruction and fun.

86. Creative Dance, Volume Two, by Jeri Packman (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Primary, Intermediate, Junior High
USE: Walking, Running, Skipping, Dance, Locomotor Rhythms, Pre-Dance Skills
VENDOR: ED

Creative Dance, Volume Two defines dance as movement, introduces galloping and skipping, and repeats walk and run techniques, variations, and improvisations from Volume One. The Polka, Mazurka, and Tarantella are explained in terms of how they are derived from these basic movements. Side two contains twelve dance forms based on walk, run, skip, and gallop. Instructions, narrated by the author, are softly and simply explained with piano accompaniment. The emphasis is on the accent, rhythm, and meter of the various dances rather than the actual dance steps.

87. Dances For Little People, by William C. Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Dance
VENDOR: L

Simple dance movements created and narrated by the author, William Janiak, are presented with fully orchestrated music and song words. Children may dance according to directions, or make up movements when listening to the instrumental only side. Some selections are "Dance To The Rhythm Of Your Name," and "Move The Circle Round And Round."

88. Dances Without Partners, by Henry "Buzz" Glass (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Intermediate, Junior High, Senior High
USE: Dance
VENDOR: EA

Henry "Buzz" Glass, a dance instructor in the Oakland, California Public Schools has used common square dance music for original dance movements that require no partners. Most of the dances may be performed in lines (one line facing another), columns, or circles. The two-record album includes eight tunes, each presented three ways:

(1) instructions only, (2) cue-through, and (3) music alone. The music is exciting and moves rapidly, as do the instructions, yet once mastered by the teacher is simple to talk-through and walk-through. This two record set is intended for grades four through nine.

89. Folk Dances, Play Party, and Singing Games, by Ed Durlacher (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Kindergarten, Primary
USE: Dance, Action and Singing Games
VENDOR: EA

The play party games, singing games, and folk dances on these records include "Paw Paw Patch," "Chimes Of Dunkirk," "Jolly Is The Miller," "Csebogar," "American Indian Eagle Dance," "The Crested Hen," "Looby Lou," and "La Raspa." These selections from many countries are taught in the talk-through, walk-through method. Each record has both instructions and the complete musical selection without voice, encouraging development of rhythms and basic dance movements.

90. The Fundamentals Of Square Dancing: Instructional, Level One, by Bob Ruff and Jack Murtha (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Intermediate, Junior High
USE: Social Dance
VENDOR: Bob Ruff, 8459 Edmaru Avenue, Whittier, California, 90605

This record is suggested for use with children in the intermediate grades. A four-step teaching procedure is recommended: (1) what to do before meeting the class, (2) demonstration, (3) walk-through, and (4) dance. The teaching guide accompanying the record is made up of sample lesson plans and walk-through combinations for each band of the record; this is designed to assist inexperienced callers in teaching square dance. Basic movements included on this album are: circle left, right, and do sa do; swing and couple promenade; allemande left; progressive circle; square identification; right and left grand; forearm turns; circle to a line; bend the line; two ladies chain, four ladies grand chain; and right and left through.

91. The Fundamentals Of Square Dancing: Instructional, Level Two, by Bob Ruff and Jack Murtha (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Intermediate, Junior High, Senior High
USE: Social Dance
VENDOR: Bob Ruff, 8459 Edmaru Avenue, Whittier, California 90605

The Level Two album is intended for use with children in grades six through nine. A four-step teaching procedure is used: (1) what to do before meeting the class, (2) demonstration, (3) walk-through, and (4) dance. The accompanying teaching guide is designed to assist

inexperienced square dance callers by providing sample lesson plans and walk-through combinations for each band of the record. Basic movements included on this album are: progressive circle; stars; do paso, all around and see saw; pass through and around one to a line; box the gant and rool away; allemande thar star; weave the ring; California twirl; dive through; ends turn in and split the ring; rip'n snort; and grand square.

92. The Fundamentals Of Square Dancing: Instructional, Level Three, by Bob Ruff and Jack Murtha (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Junior High, Senior High, Adult
USE: Social Dance
VENDOR: Bob Ruff, 8459 Edmaru Avenue, Whittier, California, 90605

Recommended for use with students in grades nine through twelve, this album uses a four-step teaching procedure: (1) what to do before meeting the class, (2) demonstration, (3) walk-through, and (4) dance. An accompanying teaching guide is designed to assist inexperienced square dance callers in teaching square dance. The guide is made up of sample lesson plans and walk-through combinations for each band on the record. Basic movements included on this album are: U-turn back; ladies 3/4 chain; crosstrail; wheel around; single file turn back; square through; big X progressive square; buzz swing; right and left grand turn back; star through; alamo style; slip the clutch; and couple backtrack.

93. The Fundamentals Of Square Dancing: Party Series, Level One, by Bob Ruff and Jack Murtha (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Intermediate, Junior High, Senior High, Adult
USE: Social Dance
VENDOR: Bob Ruff, 8459 Edmaru Avenue, Whittier, California, 90605

This record uses calls taken from The Fundamentals of Square Dancing: Instructional series, and individuals who have mastered calls taught on Level One of that series should be able to do most of the dances on this record. The authors have found or created dances that are designed to be fun and interesting. Calls on side A of the Party Album use calls taught on side A of the Instructional Album, Level One, while calls on side B of the Party Album draw from all movements taught on the first Instructional Album. A teaching guide with suggestions for each dance is included.

94. Heel, Toe, Away We Go: Simplified Folk Dance Patterns For Children, by Georgiana Liccione Stewart (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Nonlocomotor Rhythms, Action Games, Coordination, Fine Motor Skills, Pre-Dance Skills
VENDOR: K

This record presents a series of seated and standing repetitive activities that invite young children to follow basic coordination patterns with their hands and feet. Focusing on one skill at a time and using it in a simple routine may help develop overall coordination. Based on traditional folk dance steps and choreography, these routines have been simplified and updated to encourage participation in the rhythmic movements. A fully illustrated manual describes each activity on side A of the album. Selections include: "Strolling Through The Park," "Polly Wolly Doodle," "Sailor's Hornpipe," "Old Grey Mare," "Shortnin' Bread," "Glow Worm," "Little Brown Jug," and "Seeing Nelly Home." Side B is instrumental only.

95. The Hokey Pokey And Other Favorites (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Primary, Intermediate
USE: Dance, Auditory Perception, Action Games, Body Awareness
VENDOR: LE

Side one of the Hokey Pokey contains three forms of this popular song: a fast vocal, a fast band instrumental, and a slow vocal. Side two includes "Let's Do The Bunny Hop," "Skip To My Lou," "Pop Goes The Weasel," and "Oh Susanna," all of which are instrumental arrangements only. Directions for doing dance routines to these tunes are printed on the inside of the two-fold record jacket. Children can use the instrumental selections to learn the specific dances or to enjoy movements of their own creation. The varying speeds of Hokey Pokey permit use of the record with children at different ability levels.

96. Modern Square Dancing (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Intermediate, Junior High, Senior High, Adult
USE: Social Dance
VENDOR: ED

Modern Square Dancing presents square dancing with a new sound, featuring Tijuana Brass and Dixieland. These two records contain well constructed, logically sequenced, modern music appealing to all age groups. Titles include "Magic Trumpet," "Peanuts," "Brasilla," "Lowdown Hoedown," "Walk Right In," "Apple Pie," "Mame," "Hello Dolly!," and "Sassy Brass." Songs are presented with and without calls.

97. Pre-Dance Activities, by Lou Stallman (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Kindergarten, Primary
USE: Dance, Locomotor and Nonlocomotor Rhythms, Coordination, Pre-Dance Skills
VENDOR: L

This album is an introduction to elementary dance activities. Children will easily grasp concepts presented in original song form by Lou Stallman. Primarily intended to develop rhythm concepts, these dance activities may also contribute to overall body coordination. Some activities are specially designed for teacher involvement. Simple directions are on the record and a guide is on the cover.

98. Pre-Square Dance, by Lou Stallman (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Kindergarten, Primary
USE: Dance, Locomotor Rhythms, Auditory Perception, Pre-Dance Skills
VENDOR: L

Lou Stallman has created these original contemporary songs to involve children in active movement and dance activities based on square dance techniques. Through the music, children are made aware of rhythms, sounds, animals and various other things surrounding them daily. Songs include "Dance," "Boys and Girls," "Animals In The Circus," "ABC," "Clap Hands," and "Driving Cars." The record is also available on tape cassette for $7.95.

99. The Small Dancer (1 disc, 12 in., 33 1/3 rpm) $5.99.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Dance, Locomotor Rhythms
VENDOR: B

The vigorous rhythmic compositions contained on this record were especially arranged and conducted by Edward Jurey to encourage young children to respond rhythmically and creatively to the music. Selections include "Indian Dance Song," "African Dance Song," "Hukilau," "The Army Goes Rolling Along," and "Wind Up Toy." Secondary benefits of the record are development of gross and fine motor skills and expressive abilities.

RECORDS FOR PERCEPTUAL-MOTOR AND MOTOR SKILLS AND DEVELOPMENT

Almost any record can be used for perceptual-motor and motor development activities. However, not all teachers and leaders have the time or the skills necessary to create their own routines. The records in this section have been chosen because they give the teacher/leader some direction in conducting routines and activities. These records are also particularly useful to the teacher/leader because they provide motivation for the young developing child through catchy songs and vocal instructions.

Perceptual-motor and motor development records should certainly be used just-for-fun, but they can also promote very definite developmental gains. Most of the records, for example, devote songs to teaching the child left from right; others involve activities that promote finger strength and manual dexterity; still others demand that the participant listen very carefully, enhancing auditory perception. Lots of ideas can be gained from these presentations and used later with other music-only recordings.

100. Adaptive Motor Learning Techniques For Children: Body Conditioning And Corrective Exercises, by Georgiana Liccione Stewart (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Primary, Intermediate
USE: Directionality, Laterality, Body Awareness, Physical Fitness, Gross Motor Skills, Balance, Flexibility
VENDOR: K

This album presents sequenced floor exercises designed to enhance body conditioning, overall motor development, and perceptual development. These balanced and evenly paced routines proceed continuously with a piano background. Rhythm and tempo are slow allowing children to focus attention on the objective of each routine yet enjoy doing it. Some objectives are right/left progression, laterality, leg coordination, breath control, and stretching. All selections were designed to be done in a limited space and without special preparation. The guidelines accompanying the album include hints and floor sequences as well as illustrations for each selection. Side A is combined narration and music; side B is instrumental only.

101. Body Space Perception Through Music (1 disc, 12 in. 33 1/3 rpm) $6.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Directionality, Laterality, Body Awareness, Kinesthetic Perception
VENDOR: Ch

The objective of these simply orchestrated musical activities and exercises is to develop body space perception. Each selection invites participants to move their bodies in ways that may enhance their

awareness of body image, body in space, left/right progression, directionality, or laterality. All may exercise creatively during such selections as "Free Form Exercise" or with specific instruction to selections like "Action Front, Action Back."

102. Carnival in Motion: Basic Body Movements For Little People, by William C. Janiak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood, Kindergarten
USE: Gross Motor Skills, Fine Motor Skills, Body Awareness, Self-Concept
VENDOR: K

The original songs presented on this record emphasize simple, basic body movements involving the head, hands, arms, and legs. Objectives include increasing coordination of fine and gross motor skills, understanding and using body parts, developing interpersonal communication, improving memory and concentration span, and establishing a feeling of individual and group success. Some of the songs are "Arms Up," "Keep Movin'," "Point," and "Row, Swim, Shake." The music background to the narrative commands has a rock sound designed to motivate children to follow the voice of the song leader as he enthusiastically guides them through the activities. Side A is vocal and instrumental and side B is instrumental only; a guide accompanies the record with words for each song.

103. Carpet Square, by Sharron L. Lucky (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Primary, Intermediate
USE: Gross Motor Skills, Coordination, Balance, Agility, Flexibility
VENDOR: LE

Stimulation of students' creativity is one goal of Carpet Square. Standing on short nap carpet squares (nap down), students do twisting motions which can propel them across the floor. Activities are carefully planned for development of basic motor skills, balance, coordination, and dexterity. The Carpet Twist includes twist routines, stamp/clap instructions, and music in 2/4, 3/4, 4/4, and 6/8 time signatures. Familiar harmonies using piano and drums accompany the vocal instructions. The record cover also has simplified printed directions. Primary and intermediate grade children may find carpet square activities useful to their motor development program, yet equally adaptable for classroom use.

104. Children's Body Awareness And Movement Exercises, by Bob Kay (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Primary, Intermediate
USE: Body Awareness, Kinesthetic Perception
VENDOR: Ch

These original exercises and musical activities by Bob Kay introduce body awareness to young children in a way that may be enjoyable as well as developmentally beneficial. The movements are lively and encourage the children to use their bodies while moving about, to become aware of their body parts, and to build an image of their body as a whole.

105. Chute The Works, by Billy Gober (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Intermediate, Junior High, Senior High
USE: Gross Motor Skills, Manual Dexterity, Body Awareness
VENDOR: EA

This two-record set is designed for students with some previous parachute play experience, and stresses body management, manipulative activities, and group participation. Record one features body management activities that help develop awareness of the body in motion; record two focuses on manipulative skills that enhance ability to handle objects. Activities are coordinated with music to stimulate chutists. The manual includes detailed instructions for each activity and is illustrated with action photographs. For each record, instructions accompany the music on one side with instrumental alone on the other.

106. Clap, Snap, and Tap, by Ambrose Brazelton and Gabriel DeSantis (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Early Childhood, Kindergarten, Primary, Intermediate
USE: Body Awareness, Nonlocomotor Rhythms, Fine Motor Skills, Manual Dexterity
VENDOR: EA

This album contains motor activities to stimulate the sensorimotor growth of elementary school children. Patterning activities can help children develop rhythm, coordination, small and large muscles, mental sequencing and retention, and awareness of body parts. Activities are geared for classroom use, and require little space. Finger snapping, rhythmic hand and arm movements, finger exercises, cooperative cross hand patting and various other exercises are included under the following titles: "Clap Snap Pat," "Hand Jive," "Pattycake Partners," "Marching Fingers," and "Pound And Resound."

107. Color Me Moving, by Judy Spiewak (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Directionality, Body Awareness, Gross Motor Skills, Fine Motor Skills, Coordination, Perceptual-Motor Development
VENDOR: Michigan Recreation and Park Association, ATTA Building, Suite 11, 6425 South Pennsylvania, Lansing, Michigan, 48910

Designed for preschool and primary children, Color Me Moving may be used as an aid to improving coordination, fine and gross motor skills, directionality, body image, and physical fitness of children. The female narrator, piano accompaniment, and smooth combination of various rhythms provide an enjoyable listening experience. Opportunity to follow directions and give the proper motor response is also facilitated by presentations on this record. Lessons may be used by individuals, small groups, or large groups.

108. Coordinated Classroom Activities, A Creative Learning Experience: Movement, Music, Art (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Gross Motor Skills, Balance, Agility, Movement Exploration, Art
VENDOR: EA

The music activities contained in this record were selected to meet specific behavioral objectives such as improvement of static and dynamic balance, locomotive skills, and agility. Movements called for to achieve objectives are: Roundup, a group game with all kinds of gallops; Safari, creative movement for balance; and Circus, different movements included on the Neurological Gait Examination. Art activities suggested in the accompanying guide encourage a total learning experience. Simple format and directions enable teachers to use this record without preparation and children to use it alone. "The Lion Sleeps," "Baby Elephant Walk," "I'm An Old Cow Hand," and "Deep In The Heart Of Texas" are some of the musical selections on the record; side A has music and directions and side B is instrumental only.

109. Coordination Skills: Rhythmic Eye Hand and Patterned Movement Activities, by Harold Hissam (3 discs, 12 in., 33 1/3 rpm) $31.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Eye-Hand Coordination, Visual Perception, Manual Dexterity, Throwing, Catching, Coordination, Non-locomotor Rhythms
VENDOR: EA

Coordination Skills: Rhythmic Eye Hand And Patterned Movement Activities contains two records with music and cues and a third record of instrumental music only. Selections include "Pass Me By," "And I Love Her," "Syncopated Clock," "Windmills Of Your Mind." Activities involve young children in learning to throw and catch a ball without the fears which can accompany this. Directions call for using colorful yarn balls which children manipulate, pass to one another, roll, toss, or squeeze to the beat of the music and to instructions given. Such activities can help students develop eye-hand coordination, fine and large muscle coordination, balance, overall body coordination in various positions, and feelings of accomplishment. The price of $31.95 includes three records, manual, and ten yarn balls, although manual and records only may be purchased for $16.95.

110. Danish Balance Exercises, by Karoline Keeleric (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Intermediate, Junior High, Senior High, Adult
USE: Balance, Body Awareness, Kinesthetic Perception, Gross Motor Skills
VENDOR: EA

The graceful Danish balance exercises on this record are designed to promote participants' body management and kinesthetic awareness. Activities are executed on the floor and progress from simple to more demanding. Performed in sequence, the balance activities could be used in an exhibition or show. Musical accompaniment ranges from "Twilight Time" to works of Chopin and Schubert. Cues and music are given on one side of the record and a music only medley on the other; an illustrated instruction manual is provided.

111. Danish Ball Rhythms: Primary, by Karoline Keeleric (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary
USE: Eye-Hand Coordination, Ball Skills, Agility, Coordination, Visual Perception
VENDOR: EA

This beginning two-record set teaches the fundamentals of Danish ball activities. Activities are sequential and progressive, starting with simple rolling and moving on to a variety of throws, movements and turns. The activities are performed to lilting Danish tunes selected by the author. As well as having fun, children may improve coordination, perceptual skills, and gross motor skill development. The album includes oral instructions, cues with music, music medleys, and an illustrated teacher's manual.

112. Danish Ball Rhythms: Elementary, by Karoline Keeleric (1 disc, 12 in., 33 1/3 rpm) $7.95.

AGE LEVELS: Intermediate
USE: Eye-Hand Coordination, Ball Skills, Agility, Coordination, Visual Perception
VENDOR: EA

A follow-up to Danish Ball Rhythms: Primary, the melodies and Danish ball routines on this album are more complex to challenge the more highly developed motor ability of the intermediate grade level student. The album consists of cues with music, music medleys, and an illustrated teacher's guide.

113. Developing Body Space Perception Motor Skills, Volume One (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Kindergarten, Primary
USE: Body Awareness, Kinesthetic Perception, Manual Dexterity, Balance, Agility, Eye-Hand Coordination, Gross Motor Skills
VENDOR: L

Games and exercises set to music are presented on this album to assist young children in developing a sense of themselves in relation to place and space. Activities are designed to challenge children to sense form and structure and to perceive spatial relationships as they relate themselves to their environment. The sequential activities contain movements to enhance balance, body image, agility, locomotor ability, hand-eye coordination, manual dexterity, and fine and gross motor skills.

114. Developing Body Space Perception Motor Skills, Volume Two (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Kindergarten, Primary
USE: Directionality, Laterality, Kinesthetic Perception
VENDOR: L

This record presents games and exercises set to music aimed at encouraging young children to develop a sense of laterality, directionality, and orientation. The activities are carefully structured and sequenced from simple to more difficult motor movements. Children are stimulated to move through the use of rhythms and commands that invite them to attend to their bodies as they make the movements.

115. Developing Body Space Perception Motor Skills, Volume Three (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Kindergarten, Primary
USE: Directionality, Laterality, Body Awareness, Kinesthetic Perception
VENDOR: L

This record presents games and exercises set to music aimed at encouraging young children with perceptual impairments to develop a sense of positional relations in place and space. Activities may enable children to physically experience such concepts as front/back, right/left, under/over, in/out, to/from, side to side, around, up/down. These concepts are then related to the child him/herself, to objects, and to other people.

116. Developing The Perceptual-Motor Abilities Of Primary Level Children, by Dorothy Carr and Bryant Cratty (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary
USE: Kinesthetic Perception, Balance, Agility
VENDOR: EA

These albums provide a sequentially-developed training program to help primary level students develop basic perceptual motor skills. The activities are based on research with normal, blind, retarded, and learning disabled children done by Dorothy Carr and Bryant Cratty. Largely narrative, the albums allow sufficient time for children to perform activities according to unhurried instructions. Each activity is repeated six to eight times to rhythmical musical accompaniment. Training includes the sequential development of agility, balance, combination balance and agility, increasingly complex combinations of balance and locomotor-agility, turning locomotor-agility, and complex agility-locomotor activities. Variety in levels of complexity permits pacing activities according to the abilities of the students. The set can be teacher-directed with groups or used by students themselves and includes two albums and a guide for their usage.

117. The Development Of Body Awareness And Position In Space, by Dorothy Carr and Bryant Cratty (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Primary, Intermediate
USE: Body Awareness, Kinesthetic Perception, Laterality
VENDOR: EA

This researched, sequential training program was developed to help participants establish an accurate awareness of their bodies and position in space. The program also involves the presentation of movement learning opportunities which are intended to heighten the student's concept of laterality. The record begins with exercises for awareness of body surfaces (front, back, top, bottom, sides) and ends with the participant relating him/herself to other people and objects by making various left-right judgments about them.

118. Developmental Motor Skills For Self-Awareness, by Georgiana Liccione Stewart (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary, Intermediate
USE: Gross Motor Skills, Movement Exploration, Dance
VENDOR: K

This two-record set of musical selections provides self-expression activities which use dance therapy techniques, the area of the author's expertise. Easy, repetitive, and creative movements performed to catchy tunes and variations of musical themes help to stimulate each child's imagination. In addition to the two records

(one vocal and one instrumental), the set includes a teacher's guide and a coordinated coloring book. In some instances it will be necessary to introduce basic skills such as hopping, skipping, tip-toeing, etc. before using in an activity. Thus it is important for the leader to become familiar with the components of the various activities prior to using the records with participants.

119. Dynamic Balancing Activities, by Dorothy Carr and Bryant Cratty (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary
USE: Body Awareness, Kinesthetic Perception, Balance
VENDOR: EA

Perceptual motor skill activities included in this album are sequenced from simple to more complex line walking tasks. Music is specially arranged to accompany the static and moving balance activities and tasks. These tasks may aid children in becoming aware of their body and its relationship to space and others. A guide accompanies the two-record album.

120. Dynamic Balancing Activities: Balance Beam, by Dorothy Carr and Bryant Cratty (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary
USE: Body Awareness, Kinesthetic Perception, Balance
VENDOR: EA

The material on these records attempts to correlate balance and body image activities so that the balance beam will be most effectively used. A sequenced program from simple walking on a balance beam to more complex patterns and activities is suggested. Various walking positions in which extra stresses (i.e., ropes, hoops) are placed on the beam to encourage greater demands on the part of the child are orally cued with music accompaniment. A wide range of activities is provided so that children of varying abilities may be challenged with novel and complex balance activities.

121. Exploring Perceptual Motor Needs Of Primary Level Children (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Kindergarten, Primary
USE: Perceptual-Motor Development, Kinesthetic Perception, Balance, Agility
VENDOR: L

These records provide a sequentially developed training program to help pupils establish necessary perceptual-motor skills. From three to eleven exercises are included in each aspect of the program, which involves the sequential development of the following: agility, balance, combination balance and locomotor/agility, turning, locomotor/agility. More complex exercises are in the latter selections.

122. Finger Play, Volume One (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Kindergarten, Primary
USE: Fine Motor Skills, Manual Dexterity, Pantomiming, Finger Plays
VENDOR: L

Finger Play, Volume One is designed for young children in kindergarten through grade two. It consists of songs and games to help children develop finger coordination, such as "Eency Weency Spider," as well as new finger plays. Simple, clear presentation of activities characterize this record, and a teacher's manual is included.

123. Finger Play, Volume Two (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Kindergarten, Primary
USE: Fine Motor Skills, Manual Dexterity, Pantomiming, Finger Plays
VENDOR: L

Finger Play, Volume Two is a follow-up to Volume One in that slightly more complex finger actions are introduced. Songs and games--some familiar, some new--are presented simply and clearly to help children follow along. A teacher's manual includes words to the songs and helpful suggestions.

124. Fun Activities For Fine Motor Skills, by Georgiana Liccione Stewart (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Primary, Intermediate
USE: Eye-Hand Coordination, Fine Motor Skills, Manual Dexterity, Language Development, Perceptual-Motor Development
VENDOR: K

Simple repetitive and specific fine motor control exercises have been coordinated to contemporary music by Georgiana Liccione Stewart, an experienced dance educator and teacher in special education. For each of the seven tunes there are easy-to-do exercises for eye-hand coordination, right-left discrimination, ocular motor training, tongue and arm stretch, independent finger control, grasping, speech therapy, and facial muscle control. Language arts skills are an integral part of this record. The accompanying twenty-two page manual breaks down each song into three parts: narration, suggested exercises and activities, and illustrations done in line drawing. All of these activities can be done seated.

125. Fun Activities For Perceptual Motor Skills, by Georgiana Liccione Stewart (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Primary, Intermediate
USE: Laterality, Body Awareness, Perceptual-Motor Development, Fine Motor Skills, Gross Motor Skills
VENDOR: K

This album includes seven musical activities designed to be performed in a classroom situation either seated or standing. Using contemporary tunes ("Amen," "Love Will Keep Us Together," "Melody Of Love" the author combines fine and gross motor skills, dance techniques, and physical fitness exercises in structured and specific routines so that children may learn to follow directions and enjoy musical stories while developing perceptual-motor skills. Routines include hand clapping, stretching, hand shaking, body identification, finger play, walking patterns, hand coordination, and right/left discrimination. Side A has music with narration which can be followed by using the complete teacher's guide and side B is instrumental only.

126. Fundamental Rhythms (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary, Intermediate
USE: Walking, Running, Jumping, Marching, Bouncing, Directionality, Laterality, Balance, Agility, Coordination, Pre-Dance Skills, Flexibility
VENDOR: EA

Fundamental Rhythms is a two-record album of fully orchestrated instrumentals designed to encourage active participation by children in primary through intermediate grades. Various tempos and rhythmic selections are presented in order to help develop skills such as agility, balance, right/left progression, directionality, laterality, grace, and poise. Activities include walk, run, jump, gallop, hop, skip, march, jig, ball bounce, and rope jump. These records are useful in motor development, recreation, or classroom programs.

127. Hand Rhythms: Stimulating Activities For Hand And Finger Development, by Harold LeCrone and Mary Jane LeCrone (1 disc, 10 in., 33 1/3 rpm) $4.95.

AGE LEVELS: Nonspecific
USE: Eye-Hand Coordination, Fine Motor Skills, Manual Dexterity
VENDOR: LE

Original rhythmic melodies composed especially for specific finger and hand exercises are directed by a male vocalist with organ accompaniment. The recording was planned and used in a series of projects that involved handicapped and nonhandicapped children to enhance

finger and hand dexterity, eye-hand coordination, muscle control, individual finger strength, and bilateral use of hands. Activities can be performed while sitting, standing, or in the prone position, thus making them usable by persons in wheelchairs or who are bedfast.

128. Introduction To Speech Elements, Volume Three, by Edward Scagliotta (1 disc, 12 in., 33 1/3 rpm)

AGE LEVELS: Primary, Intermediate
USE: Auditory Perception, Language Development, Listening
VENDOR: Co

This record is the third of a series of three records designed to provide programed enrichment for children with auditory perceptual impairment. It presents sound patterns basic to auditory appreciation of the spoken word. Initial, medial, and final sounds, sound combinations, and speech readiness listening activities are included in such a way that teacher and children may actively participate and respond. A simply stated instructional manual accompanies this record, which is also available on tape cassette for $7.50.

129. Learning About Me...And The Way I Move, by Lou Stallman (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Walking, Running, Jumping, Coordination, Flexibility, Skipping, Hopping
VENDOR: S

Songs and activities on Learning About Me...And The Way I Move include such titles as "Walking," "Jumping," "Skipping," "Hopping," "Running," "Bending," "Twisting," "Touching," and "Stretching and Wiggling." Selections were designed to develop the child's physical coordination and gross motor development. Songs and activities would be useful in a recreation or more structured motor development program.

130. Move Along Alphabet, by Maya Doray (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Gross Motor Skills, Movement Exploration, Language Development
VENDOR: K

This record combines physical education with learning about the alphabet in a unique way to help children develop physically as well as mentally. The alphabet is taught through letter and word association, which is combined with movements based on letters of the alphabet. The record has one study for each letter, and the accompanying manual includes an additional movement study, thus totaling two studies for each letter. Examples include "B is for Bending," "K is for Kicking," "R is for Running, Rolling, and Resting!!" The manual provides detailed teaching suggestions.

131. Multi-Purpose Singing Games, by Henry "Buzz" Glass (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Primary, Intermediate
USE: Gross Motor Skills, Locomotor and Nonlocomotor Rhythms, Action Games
VENDOR: EA

Designed to aid in the development of both classroom and physical skills, these singing games offer a variety of moods and subjects. Activities encourage purposeful listening and help develop coordination, agility, spontaneity, rhythm, and dramatic expression. Gross motor skill activities that accompany the tunes are useful for relieving tension, teaching body awareness, and handedness, and providing opportunities for movement exploration. Selections include "Touch Your Toes," "Here We Go 'Round The Mountain," "How Do You Do Everybody," "Jim Along Josie," "Gay Muscians," and "Hola Rio." Children are encouraged to listen and participate in the songs sung and played in a warm friendly manner by Henry "Buzz" Glass.

132. Multi-Purpose Singing Games Number Two, by Henry "Buzz" Glass (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Primary, Intermediate
USE: Gross Motor Skills, Locomotor and Nonlocomotor Rhythms, Action Games
VENDOR: EA

These long-action singing games can be used in music class, physical education, or as a break from classroom activities. The author sings and plays tunes that encourage listening, coordination, spontaneity, rhythm, and dramatic expression. Coordination, agility, and creativity may be developed from participation in the games. Some of the songs included on this album are "The Zulu Warrior," "Old Macdonald Had A Farm," "The Bear Growl," and "Tramp, Tramp, Tramp."

133. Musical Ball Skills, by Jacob D. Geiger and Edwin C. Popper (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Kindergarten, Primary, Intermediate, Junior High
USE: Ball Skills, Eye-Hand Coordination
VENDOR: EA

Bouncing, throwing, catching, rolling, passing, and dribbling balls in rhythmic patterns to popular musical selections and square dance music provide a method of enhancing children's coordination ability and perceptual skills. This two-record album contains eight musical ball skills, each divided into three parts: (1) talk and walk through instruction, (2) cues with music, and (3) music only. The routines

are presented in increasing degree of difficulty. Accompanying guide booklet suggest that basic ball techniques be introduced before using records. This set is available on tape cassette for $13.95.

134. One, Two, Three, and Move, by Georgiana Liccione Stewart (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Kindergarten, Primary
USE: Gross Motor Skills, Locomotor Rhythms, Pre-Dance Skills
VENDOR: EA

Two records and an illustrated manual include methods for teaching basic motor skills and suggested activities to incorporate these skills. Album one contains simply orchestrated original music useful for practicing basic motor skills such as skip, gallop, march, tiptoe, jump, hop, and waltz. Such music may be used for a variety of activities where children can move slowly and deliberately with the music. Album two consists of fully orchestrated popular songs such as "Tie A Yellow Ribbon," "Joy To The World," and "Playground In My Mind." These may accompany a variety of rhythmic activities including dance, trampoline, ball bouncing, singing, or clapping.

135. Parachute Activities With Folk Dance Music, by JoAnn Seker and George Jones (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Intermediate, Junior High, Senior High
USE: Gross Motor Skills, Coordination
VENDOR: EA

This two-record album consists of authentic international folk dances modified and adapted for use with the parachute. One section of the album gives simple directions for rhythmic movements, providing opportunities for developing gross motor skills, coordination, and rhythm awareness while manipulating a parachute. Selections include "Pop Goes The Weasel," "La Raspa," "Cshebogar," "Irish Washerwoman" and others. The accompanying manual gives complete instructions for and photographs of specific movements. This album is a follow-up to Rhythmic Parachute Play by the same authors.

136. Perceptual Motor Rhythm Games, by Jack Capon, Rosemary Hallum and Buzz Glass (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Primary, Intermediate
USE: Perceptual-Motor Development, Balance, Body Awareness, Coordination, Gross Motor Skills
VENDOR: EA

Perceptual-motor experiences and learning through movement activities are combined with appropriate music on this album. Games and activities on the record neither require partners nor constant direction; the leader may be an aide, parent, or student. Some of the

musical selections are: "Love Is Blue," "Hey, Look Me Over," "Wheels," "Electronic Music," "Raindrops Keep Falling On My Head." An accompanying guide gives suggestions for performing to each selection and discusses perceptual-motor values of each, which include locomotor development, body image, balance, and overall coordination.

137. Pre-Physical Education Through Music, by Lou Stallman and Bob Susser (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Marching, Jumping, Gross Motor Skills, Body Awareness, Locomotor Rhythms
VENDOR: S

Original songs and music by Lou Stallman and Bob Susser provide background for exercises involving all parts of the body, the learning of rhythm and marches, and games stressing self-expression and physical development. Directions are simple to follow and encourage not only movement to the music, but class participation in singing as well. Among activities provided are: stretching and touching toes; moving to the beat of the music while hopping, jumping, stamping feet, and clapping hands; and identifying various parts of the body. A song written especially for rest time after the children have finished their exercises is also included. Titles of songs are: "Let's Do The Morning Exercise," "Move To the Beat," "Time To Rest," "Let's Do The Marching Game," "Move To The Rhythm," "Hand Game," "Let's Get Together," and "First The Teacher, Then The Students."

138. Pre-Tumbling Skills For Impulse Control, by Dorothy Carr and Bryant Cratty (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary
USE: Gross Motor Skills, Body Awareness, Relaxation
VENDOR: EA

This two-record set includes instructions for relaxation training on which children are taken through tasks that encourage them to move their limbs and total bodies as slowly as they can. The record also presents activities that provide the bases for more complex tumbling movements. For example, instructions in falling, turning and falling, and simple rolling movements can be practiced prior to attempting front and backward rolls.

139. Relaxation Training, by Dorothy Carr and Bryant Cratty (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Primary
USE: Relaxation, Emotional Development, Body Awareness
VENDOR: EA

The purpose of this album is to help children with impulse control problems better place themselves under good control and adjust their levels of attention and arousal to those appropriate for quiet tasks. Exercises are both directed by a narrator and explained in an accompanying guide. Quality and inflection of the narrator's voice varies according to type of control participants are experiencing at a given moment. Relaxation exercises can be leader/teacher-directed and modified according to specific needs, or they may be followed by the child alone. Children may discover for the first time that they can truly slow down, think and relax; this experience can be carried-over to a classroom atmosphere. Since names of the parts of the body are constantly repeated in the drills, the album also involves body image training.

140. Rhythmic Parachute Play, by JoAnn Seker and George Jones (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary, Intermediate, Junior High, Senior High .
USE: Gross Motor Skills, Coordination
VENDOR: K

This two-record set contains eleven selections of modern up-dated music specifically arranged to fit the rhythm and flow of parachute activities. In combination with the complete instructional manual, which includes activity suggestions and many supplementary ideas illustrated by actual photographs of children performing each activity, participants will be able to perform parachute activities immediately. Vocal commands on the records are timed to actual parachute play and set to the rhythmic flow of each formation. Record one provides commands and formations; record two provides musical selections alone to allow students to create or perform routines without the interference of the vocalizations.

141. Rhythms For Basic Motor Skills, by Georgiana Liccione Stewart (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Primary, Intermediate
USE: Gross Motor Skills, Locomotor Rhythms, Pre-Dance Skills, Marching
VENDOR: K

Rhythms For Basic Motor Skills is designed to aid children who are weak in motor or perceptual skills to develop seven basic motor movements: skip, hop, gallop, tiptoe, jump, waltz, and march. Original melodies, simply orchestrated music, well modulated narration, and constant and lively tempos create a feeling for movement. A count-off precedes each selection to set tempo and introduce the movement, then a constant rhythm allows for repetition and development of the movement. Side A has narration that provides directions, count-offs, and several patterns of varying difficulty for each skill. Side B has the same music without narration to allow for practice, adaptation, or creativity.

142. Rope Jumping and Ball Handling, by David G. Rumbaugh (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Primary, Intermediate
USE: Directionality, Laterality, Body Awareness, Gross Motor Skills, Manual Dexterity, Eye-Hand Coordination, Ball Skills
VENDOR: L

These specially arranged compositions were prepared to assist children in the development of motor skills. The album is useful in remediating eye-hand coordination and manual dexterity problems, and provides active enjoyment as well as opportunities for following directions, improving gross motor skills, and recognizing right and left. An additional area covered is mirror image, which heightens participants' awareness of their body and its position in various movements.

143. Songs In Motion: Fine Motor Activities, by Henry Colella and Mario Truglio (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood, Kindergarten
USE: Manual Dexterity, Pantomiming, Finger Plays
VENDOR: EA

The songs and activities on this album were designed to develop fine motor skills (finger dexterity and various types of hand manipulations) in children who are slow learners. Activities were developed in B.O.C.E.S. schools for children with learning problems. The album comes with a teacher's manual that describes the activities which include pantomiming, finger plays, and crafts. The songs have piano accompaniment, and vocal expression either previous to, simultaneously with, or immediately following the motor response is desirable. Some of the songs included on this album are: "Playmate," "Twinkle, Twinkle Little Star," "Hickory, Dickory Dock," "Ten Little Fingers," and "Wheels Of The Bus."

144. Songs In Motion: Gross Motor Activities, by Henry Colella and Mario Truglio (1 disc, 12 in., 33 1/3 rpm) $6.50.

AGE LEVELS: Early Childhood, Kindergarten
USE: Walking, Jumping, Marching, Action Games, Dance, Skipping, Hopping
VENDOR: EA

The songs and activities on this album were developed in B.O.C.E.S. schools for children with learning problems to help children develop gross motor skills. The album comes with a teacher's manual that further describes the activities, which include walking, skipping, marching, hopping, clapping, dancing, jumping, moving freely to music,

and acting out songs and stories. The songs have piano accompaniment. Some of the songs included on this album are: "Mulberry Bush," "Farmer In The Dell," "How Do You Do My Partner," "Did You Ever See A Lassie," and "Hokey Pokey."

145. Training In Sound Discrimination, by Edward Scagliotta (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Primary, Intermediate
USE: Auditory Perception
VENDOR: Co

This record is the first in a series designed to provide programed enrichment for children with auditory perceptual impairment. It emphasizes the gross discrimination of sounds. The record presents sounds of varying pitches, intensities, and tempos, encouraging both teacher and students to actively participate to these sounds. A simply stated instructional manual accompanies this record, which is also available on tape cassette for $7.50.

146. Words And Movement About Myself And Musical Games, by Harold LeCrone and Mary Jane LeCrone (1 disc, 10 in., 33 1/3 rpm) $4.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Perceptual-Motor Development, Gross Motor Skills, Language Development
VENDOR: LE

This record supplies more than sixty language concepts, including twenty-eight direct word opposites which, when correlated with body movements, provide a stimulating perceptual-motor learning experience for children. The female voice on side one of the record directs children to do simple actions about themselves; side two uses female and male voices accompanied by piano to direct three musical games that include walking around in a circle, sliding, and doing a series of movement patterns. This record has value in encouraging learning, cognitive development, and social development.

147. Yoga Basics, by Rachel Carr (3 discs, 12 in., 33 1/3 rpm) $24.95.

AGE LEVELS: Junior High, Senior High, Adult
USE: Relaxation, Flexibility, Body Awareness, Posture
VENDOR: EA

Hatha yoga involves various essential exercises, postures and deep breathing techniques. These three records, supplemented by large poster illustrations, present a five-week course designed specifically to enhance flexibility of knee, spine, trunk, neck and shoulders. Benefits and purposes of each posture are listed. All activities, including meditation instruction, are performed to specially prepared music.

RECORDS FOR PHYSICAL FITNESS

Music, either with spoken instructions or no verbal accompaniment, can provide tremendous incentive for individuals to participate in structured, vigorous physical activities. Many of these records include both spoken instructions for exercise and physical activities and music alone. This lets the teacher/leader use music-only parts of the record for routines created by participants.

Physical fitness is extremely important, especially beginning at an early age. Fitness activities do not have to be limited to calisthenics and jogging! These records give numerous ideas for exercise and activities to promote fitness in individuals of all ages.

148. And The Beat Goes On For Physical Education--Elementary, by Ambrose Brazelton (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary, Intermediate, Junior High, Senior High
USE: Physical Fitness, Gross Motor Skills
VENDOR: K

The material contained on these records and in the accompanying manual can motivate children with varying abilities to respond to a motor development program that uses contemporary music and orchestration. Tunes are presented on one side of each album with vocal instructions for body position and movements. The reverse sides are instrumental only. The manual includes objectives of exercises, sketches of sequence movements, and printed directions for starting positions, executing movements, and adapting movements to the musical score. For instance, "There's A Kind Of Hush" has as its primary objective neck and shoulder flexion; "Goin' Out Of My Head" objectives include creativity, coordination, and exploration of movement. Albums can be used in perceptual development programs, movement exploration, physical fitness activities, and for exercising isolated body parts. The albums' instrumental sides allow for individual creation of movements.

149. And The Beatles Go On And On, by Ambrose Brazelton (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Junior High, Senior High
USE: Physical Fitness, Balance, Coordination, Muscular and Cardiovascular Endurance, Gross Motor Skills, Kinesthetic Perception
VENDOR: EA

Popular Beatles' tunes plus innovative and challenging exercises combine to encourage internalized awareness of rhythmical beats, physical speeds, and space, introduce five locomotor movements, and

enhance balance, coordination, and endurance. Ambrose Brazelton has created imaginative activities to fit such tunes as "Eleanor Rigby," "Ob La Di, Ob La Da," "Got To Get You Into My Life," and others. Side one contains the vocal commands to the music and side two is music only, allowing for complete creativity by youngsters. Physically or motorically unfit students could be stimulated to participate in fitness activities using this record.

150. Animal Walks With Rhythm Instrument Accompaniment, by Joe Stein (1 disc, 12 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Intermediate
USE: Physical Fitness, Locomotor Rhythms, Musical Instruments
VENDOR: EM

This record was first presented as a pilot program in various schools near San Jose, California. It was also demonstrated on K.G.O. TV there under the title Formula For Fitness. The beat of a large drum, the scraping of sand blocks, the tapping of wood sticks, shaking a tambourine and castanets, beating a bongo, and rubbing a guiro are individually important to each of the nine tumbling movements. A male voice directs exercises slowly and carefully while one or more of the above instruments indicates the main rhythm of the music. The purpose of this approach is to promote enthusiastic pupil involvement in a physical fitness program. The music enhances coordination of bodily movements with rhythm, develops the ability to play a rhythm instrument accurately, and combines two complimentary activities--physical education and music. Intermediate and secondary level students could be stimulated by this creative use of music and motor movements.

151. Body Conditioning For Teens And Adults, by Harold LeCrone and Mary Jane LeCrone (1 disc, 10 in., 33 1/3 rpm) $4.95.

AGE LEVELS: Junior High, Senior High, Adult
USE: Physical Fitness, Gross Motor Skills, Cardiovascular Endurance
VENDOR: LE

This record is intended as a tool for improving and maintaining body condition through good exercise. Stretching, reaching, bending, twisting, kicking, and rolling should be done with much vigor to achieve maximum levels of body tone, condition, circulation, and fitness. Exercises are designed for individuals, families, or motor development classes. The background organ music was composed specifically for each exercise, with all exercises on side one performed in standing position and those on side two performed on the floor. Directions are given on the record and complete instructions, including seventy-five photos, are enclosed with the record.

152. Chicken Fat (1 disc, 7 in., 45 rpm) $1.50.

AGE LEVELS: Junior High, Senior High, Adult
USE: Physical Fitness, Gross Motor Skills, Cardiovascular Endurance, Muscular Endurance
VENDOR: K

Chicken Fat is also referred to as "The Youth Fitness Song" by Gertrude Hallenbeck and Bob Kimble who choreographed the exercise routines of this fast tempo physical fitness record. Adolescents and older teens in motor development or recreation programs may enjoy the lively commands of Meredith Wilson as he invites them to "Touchdown," "Push Up," "Run in Place," and "Go You Chicken Fat, Go Away." Objectives include practicing physical fitness through a complete four-minute rapid exercise period, encouraging full use of limbs while exercising, and motivating young people to use gross motor skills through a march type music with words which inject humor into the commands. This record may be useful with adults too.

153. Cooperative Activities, by Norma Poutre (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Intermediate, Junior High
USE: Physical Fitness, Gross Motor Skills
VENDOR: EA

These are cooperative exercises that children in grades three through eight may perform with partners. All areas of the body are involved in exercises that stretch the muscles. The opposing partner provides the help and tension needed to make activities both isotonic and isometric. Range of movement extends from stretching, bending, twisting and lunging to motionless isometric exercies. Side one includes vocal commands by Ambrose Brazelton with music accompaniment and side two has music only. This record may be useful in physical education or recreation programs.

154. Developmental Exercises for Elementary Grades--Music and Calls: Grades One and Two, by Dorothy King (1 disc, 12 in., 33 1/3 rpm) $6.75.

AGE LEVELS: Primary, Intermediate
USE: Physical Fitness, Gross Motor Skills
VENDOR: H

This record was designed to develop physical fitness of first and second graders. The record is based upon four sets of exercises taking five minutes each. Each set is different for the sake of variety yet is composed of a series of exercises designed for the development of all major muscle groups. The exercises are named after common objects, animals, or body positions, such as propellers, trees in the wind, walrus, tummy turn. Set one can be used in a classroom; sets two, three, and four require more space. Also on this album are skipping,

sliding, galloping and rope jumping music with verbal directions. When used in succession and performed vigorously and correctly, these exercises represent a basic developmental program. Many exercises were derived from the President's Council on Physical Fitness and Sports, with background melodies from European and American folk heritage.

155. Developmental Exercises for Elementary Grades--Music and Calls: Grades Three and Four, by Dorothy King (1 disc, 12 in., 33 1/3 rpm) $6.75.

AGE LEVELS: Intermediate
USE: Physical Fitness, Gross Motor Skills, Cardiovascular Endurance
VENDOR: H

This record, designed for grades three and four to develop physical fitness, consists of four sets of exercises which take five minutes each. Each set is different yet composed of exercises designed to develop all major muscle groups. Names of exercises include the windmill, the coffee grinder, and the seal. Set one can be used in a classroom, but other sets require more space. At the completion of each set, children are instructed to run because the author feels this is a major contributor to cardiovascular development. Many exercises have come from the President's Council on Physical Fitness and Sports. The background melodies are from American and European folk heritage with the theme and rhythm appropriate to the exercise and the age level.

156. Developmental Exercises for Elementary Grades--Music and Calls: Grades Five and Six and Junior High School, by Dorothy King (1 disc, 12 in., 33 1/3 rpm) $6.75.

AGE LEVELS: Intermediate, Junior High
USE: Physical Fitness, Gross Motor Skills, Cardiovascular Endurance
VENDOR: H

This record, designed for grades five and six and junior high grades, consists of four sets of exercises taking five minutes each. Each set is different for the sake of variety, yet all are designed for the development of major muscle groups. Set one can be used in a classroom, while sets two, three, and four require more space. At the completion of each set participants are instructed to run, which the author relates as a necessary culmination to each series because of its contribution to cardiovascular development. Many exercises on this record come from the President's Council on Physical Fitness and Sports, and background melodies are from American and European folk heritage with the theme and rhythm appropriate to the exercise and age level.

157. Do Your Own Thing With The New Sound, by Judith Brown (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Intermediate, Junior High
USE: Physical Fitness, Gross Motor Skills, Flexibility, Muscular Endurance, Coordination
VENDOR: ED

This album contains music and commands designed to develop certain muscle groups, coordination, and a knowledge of phrasing of music and rhythmical movement to music. There are three selections on each side. Each selection is preceded by a teaching band which gives instructions for the movements to be incorporated in that selection. The initial command narrated by Dick Leger is always the same: "In all of these exercises you start off in the (named) position." The album was created especially for boys and girls in grades four through eight. The vigorous, challenging positions (jumping jacks, sit ups, half knee bends, crab kicks, hopping, flutter kicks) invite children to participate in a structured physical fitness and rhythm activity. Some activities may be used in a classroom; all may be used in a physical education or recreation program.

158. Elementary School Exercises To Music (1 disc, 12 in., 33 1/3 rpm) $5.00.

AGE LEVELS: Intermediate
USE: Physical Fitness, Gross Motor Skills
VENDOR: H

The purpose of this album and accompanying manual for elementary school physical education teachers and recreation leaders is twofold: (1) to make the time utilized for warm-up exercises more enjoyable for children, and (2) to include routines that utilize all parts of the body. Musical selections are contemporary and rhythmical: "Hey, Look Me Over," "76 Trombones," and "Hello Dolly," for instance. Besides developing motor movements and increasing body awareness, the suggested routines or those created by the teacher can be demonstrated for an audience. Activities such as clapping, stomping, marching, or swaying could lead up to more complicated calisthenics, ball handling, rope jumping, and/or gymnastics.

159. Exercise Is Kid Stuff, by Douglas Evans and Gloria Evans (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Kindergarten, Primary
USE: Physical Fitness, Jumping, Skipping, Marching, Flexibility, Coordination, Muscular Endurance, Cardiovascular Endurance
VENDOR: K

This album contains eleven children's action songs that are short enough for kindergarteners to retain and can be adapted through the second grade level. The songs may be used to develop the following

skills: attention span, rhythm, flexibility, locomotor skills, and coordination. Specific movement and activities include duck walk, jumping, skipping, marching, rolling, extending arms and legs while lying on floor, bunny hop, and toe touch. An accompanying illustrated manual contains song lyrics as well as suggested movements and activities. One side of the record has vocal and instrumental music so children can sing along; the other has instrumental music only.

160. Exercises For The Classroom, Volume One (3 discs, 7 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Intermediate, Junior High
USE: Physical Fitness, Balance, Posture
VENDOR: L

Exercises For The Classroom, Volume One is a physical fitness program designed for limited space to be used by children in intermediate grades through junior high grades. Verbal directions and notes on the record cover explain two types of motor development exercises: (1) postural alignment (standing and sitting) and (2) balance (standing and sitting). The record provides musical accompaniment for all exercises. A teacher, physical educator or recreator who has limited space but desires physical exercise involvement for students will find this record useful, particularly for children in need of remedial motor activities.

161. Exercises For The Classroom, Volume Two (3 discs, 7 in., 33 1/3 rpm) $6.98.

AGE LEVELS: Intermediate, Junior High
USE: Physical Fitness, Strength, Flexibility
VENDOR: L

Exercises For The Classroom, Volume Two is an extension of Volume One. Both records are designed for limited space to be used by children in intermediate grades through junior high grades for enhancing physical fitness. Directions are presented with music accompaniment; included on the cover are additional notes to explain the following motor development exercises: strength and stretch (sitting exercises), strength and stretch (standing exercises), and vigorous activities (standing). Children with perceptual-motor learning problems or in need of remedial motor skills will find this record useful. Its primary value, however, is to the teacher, physical educator, or recreator whose space is limited but who desires physical exercise involvement for students.

162. A Fitness Experience: Continuous Rhythmic Involvement For Classroom Fun And Fitness, by Jacki Sorensen (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Junior High Grades
USE: Physical Fitness, Cardiovascular Endurance, Flexibility
VENDOR: EA

These records offer vigorous aerobic dance routines combining calisthenics and jogging to provide a fitness program for the classroom, recreation center, or gymnasium. Aerobic techniques set to a contemporary big band sound encourage participation and help students to obtain a maximum amount of conditioning in the time devoted to physical activity. The records contain both music and cues, and music only for classroom or performance. An illustrated instruction manual is included.

163. Fitness Fun For Everyone, by Arden Jervey (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Early Childhood, Kindergarten
USE: Physical Fitness
VENDOR: EA

Physical fitness exercises set to simple, familiar melodies are narrated with clear and concise instructions so that young children may follow along without adult leadership and may, in fact, lead other children. The exercises were designed to develop legs, arms, shoulders, waist, abdomen, feet, and back in a limited space. For example, exercises include bend jump, arm swing, cross sit stretch, trunk bending, foot rocker, and abdominal pumping. These albums are available on tape cassette for $13.95; a guide accompanies both.

164. Get Fit While You Sit, by Ambrose Brazelton and Gabriel DeSantis (1 disc, 12 in., 33 1/3 rpm) $6.95.

AGE LEVELS: Primary, Intermediate
USE: Physical Fitness, Strength, Coordination
VENDOR: EA

This record is designed to give in-seat and in-classroom exercises which are simple, take a short time to complete, and at the same time enhance physical fitness, muscle strength, coordination, bilateral awarenss and retentive potential. An accompanying manual gives the same directions as are spoken on the record and provides sketches depicting a boy performing each exercise step by step. Whether used in the classroom, in a physical education setting, or as a recreational activity, these exercises have the added advantage of improving listening skills, auditory memory, and auditory motor integration. This album is available on tape cassette for $7.95.

165. Jumpnastics, by Charles B. Corbin (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary, Intermediate, Junior High
USE: Physical Fitness, Cardiovascular Endurance, Balance, Agility, Coordination, Hopping
VENDOR: EA

Jumpnastics is a physical education program in which elementary students can physically exert themselves without requiring special equipment. Arm movements with hopping patterns are the basis of the activities performed to these albums of modern music and easy directions. The patterns can be performed by thirty to forty children in an area of fifty-square feet and are designed to improve balance, agility, coordination, rhythm, and development of physical fitness. The first album of the set narrates directions to component movements and to some basic routines. Most of the second album is instrumental and can be used to repeat these routines or in choreographing new routines. A sixteen-page manual diagrams movements and outlines basic routines, as well as giving teaching suggestions. Teachers and leaders should listen to the albums before use, since the tempo of the music may be too fast for slow learners or those with motor impairments.

166. Modern Body Conditioning, by Rudy Franklin (1 disc, 12., 33 1/3 rpm) $8.95.

AGE LEVELS: Primary, Intermediate, Junior High
USE: Strength, Coordination, Muscular Endurance
VENDOR: EA

This record presents physical fitness activities set to popular music. Exercises are intended for isolated parts of the body as well as for overall body conditioning and coordination. One side of the album contains music and vocal commands; the other has only music. An illustrated teacher's manual is also included. Songs on the record are: "Killing Me Softly" (arms, shoulders, upperback), "Getting It On" (coordination, stamina, concentration), "Ain't No Woman" (torso flexibility, leg strength, coordination), "You're So Vain" (coordination, stamina, working with partner), "The Night When The Lights Went Out In Georgia" (arm strength and coordination), "The Right Thing To Do" (movement, listening skills, overall conditioning), and "Tie A Yellow Ribbon" (abdominal strength, leg strength).

167. Modern Dynamic Physical Fitness Activities: Primary Grades, by Ed Durlacher (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Intermediate, Junior High
USE: Strength, Flexibility
VENDOR: EA

Ed Durlacher, a square dance authority, approaches physical fitness in an easy talk-through-do-through method useful for children in grades four through nine. Each side of this two-record album progresses sequentially into the next and includes exercises to music for fun, warmups, flexibility, and strength. Instructions for each of the exercises are succeeded by easy to follow commands. Exercises include arm swings, hopping, push-ups, kicks, trunk stretch, and frog jumps.

168. Physical Fitness For Preschool and Kindergarten Children, by Harold LeCrone and Mary Jane LeCrone (1 disc, 10 in., 33 1/3 rpm) $5.95.

AGE LEVELS: Early Childhood, Kindergarten, Primary
USE: Physical Fitness
VENDOR: LE

A female vocalist with piano accompaniment directs these rhythmic physical fitness exercises for preschool and kindergarten children. Twenty exercises stressing deep breathing are presented in a clear song and voice commentary. Each exercise has specific motor development purposes which are described on the record jacket. Most should be done vigorously, with the entire set taking fifteen minutes. These exercises are useful to the classroom teacher for between academic activities, and they are valuable to the physical educator or recreator as an introduction to physical fitness.

169. Physical Fitness For Primary Children, by Harold LeCrone and Mary Jane LeCrone (1 disc, 10 in., 33 1/3 rpm) $4.95.

AGE LEVELS: Primary, Intermediate
USE: Physical Fitness
VENDOR: LE

These original rhythmic exercises, composed especially to promote physical fitness of primary children, are directed by a female vocalist with piano accompaniment. Sixteen exercises are presented in a sing-song manner, sometimes with specific directions and other times with repetitive verse which encourages modeling of leader's actions. Each exercise has specific motor development purposes which are described on the record jacket. Most exercises should be done vigorously, but slow or relaxing exercises are used at proper intervals in order to encourage self-control and relaxation. As children advance in exercise experience, effort can be made to have them exercise in rhythm to the music. For best results, leaders should familiarize themselves with the movements before presentation.

170. Physical Fitness For Intermediate Grades, by Harold LeCrone and Mary Jane LeCrone (1 disc, 10 in., 33 1/3 rpm) $4.95.

AGE LEVELS: Intermediate
USE: Physical Fitness
VENDOR: LE

Like the LeCrones' records for young children, this album contains original rhythmic exercises to promote physical fitness in intermediate grades. A male vocalist speaks and sings instructions with piano and organ accompaniment. Presentation format allows for two, fifteen-minute periods of exercise time, with each of the seventeen exercises having specific motor development purposes which are described on the record jacket. Most should be done vigorously and

the movements strongly directed. However, at proper intervals there are exercises which are slower and more relaxing. Exercise leaders must be familiar with the movements before presentation as the overall speed is rapid. Due to the rapid tempo, this album may not be suitable for children with perceptual or motor impairments.

171. Physical Fitness For The Younger Set, Volume One (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Strength, Coordination, Posture
VENDOR: L

Physical Fitness For The Younger Set, Volume One presents action stories in song to increase strength and coordination in leg and trunk muscles, abdominal, arm, shoulder, and chest muscles, and to promote good posture. Original titles and music include: "The Elephant," "Happy Children," "The Rabbit," "I'm A Little Book," and "The Happy Windmill." This album is useful for early childhood through intermediate grades and offers participants an opportunity to respond to commands with appropriate movement. Side A includes vocal and instrumental, and side B is music alone.

172. Physical Fitness For The Younger Set, Volume Two (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Strength, Coordination, Gross Motor Skills
VENDOR: L

Physical Fitness For The Younger Set, Volume Two contains action stories in song to help children increase strength and coordination in arm, shoulder, and abdominal muscles as well as stimulate circulation and provide various locomotor movements. Formation and space directions are given. Original titles and music include: "The Magic Word Is Exercise," "Stretch Like A Cat," "Sing Along With A HO HO HO," "The Choo Choo Train," "Pony Broom," and "A Pussycat Can't Jump Rope." This album is useful for early childhood through intermediate grades, giving children the opportunity to respond with appropriate movement to information presented. Side A includes vocal and instrumental; side B is music alone. The exercises on this album require slightly more ability than those presented in volume one.

173. Physical Fitness For The Younger Set, Volume Three (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Kindergarten, Primary, Intermediate
USE: Physical Fitness, Balance, Flexibility
VENDOR: L

Physical Fitness For The Younger Set, Volume Three consists of action stories in song for all over body development, such as balance, flexibility, and circulation; knee bounces, strengthening neck muscles, flinging arms; and bending and twisting the body. More ability is required to perform these exercises than those on the first two volumes. Side A gives vocal and music directions and side B is instrumental alone, allowing for creative response of participants. This record could be used in recreation, motor development, and physical education programs to remediate gross motor skills and enhance development of left to right progression, overall mobility, and agility, as well as promote physical fitness in general. Selections include "Fancy Dance Parade," "Katie The Kangaroo," "Tom Tom Rock," "The Donkey With The Crooked Ear," "How Do You Do, I'm A Bat," and "Left Foot, Right Foot."

174. Physical Fitness For The Younger Set, Volume Four (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Primary, Intermediate
USE: Physical Fitness, Balance, Flexibility
VENDOR: L

Physical Fitness For The Younger Set, Volume Four consists of action stories in song. Trunk twisting, knee lifting, stretching of tendons and muscles, balance, flexibility of neck, arm, back and shoulder muscles, and waist and midriff movements are several exercises call for on the record. Volume four requires greater ability to perform and follow directions than volumes one through three. Side A gives vocal directions with instrumental accompaniment, and side B is instrumental only. Thus, children from primary grades up can use their own creativity to exercise to this music. Selections include: "Honestly, Daddy, We're Good As Gold," "Shy Lions," "Cuddly Ducks," "Dancin' Round The May Pole Tree," "The Leopard Cats," and "The Happy Clock."

175. Physical Funness: Children's Songs For Rhythmic Activities, by Douglas Evans and Gloria Evans (1 disc, 12 in., 33 1/3 rpm) $8.95.

AGE LEVELS: Kindergarten, Primary
USE: Gross Motor Skills, Flexibility, Cardiovascular Endurance, Muscular Endurance, Coordination
VENDOR: K

This is an album of children's action songs that are short enough for kindergarteners to retain yet can be adapted through the second grade level. The songs may be used to develop all parts of the body and also enhance rhythm, flexibility, endurance, locomotor skills, and coordination. Individual and partner activities include bending, squatting, animal walks, twists, kicking, and rolling for a fun approach to physical fitness. These areas are particularly beneficial to developmentally delayed children. The accompanying illustrated

manual contains song lyrics as well as suggested movements and activities. One side of the record has vocal and instrumental music so children can sing along; the other has instrumental music only.

176. Postural Improvement Activities For All Ages, by Jacob D. Geiger and Josephine Christaldi (4 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Primary, Intermediate, Junior High, Senior High, Adult
USE: Posture, Strength, Flexibility
VENDOR: EA

This four-record set suggests a variety of techniques for improving poor posture. An illustrated manual shows the leader how to evaluate the posture of students to determine who needs help, with both records and manual explaining specific exercises for improvement in particular areas. Each record contains several exercises for walking, foot strengthening, abdominal strengthening, stretching for back, legs and shoulder strength, chest stretching, flexibility of spine, and improved head position. Children with motor and physical handicaps might particularly benefit from these exercises.

177. Preschool Activities For Young Children, by Harold LeCrone and Mary Jane LeCrone (1 disc, 10 in., 33 1/3 rpm) $4.95.

AGE LEVELS: Early Childhood, Kindergarten
USE: Physical Fitness, Gross Motor Skills, Perceptual-Motor Development
VENDOR: LE

Original rhythmic melodies and words on this album were composed especially for young children to develop physical fitness through perceptual-motor activities involving self-awareness exercises, body image, directionality, and laterality. Wiggling, rocking, rolling, spinning, crawling, walking, balancing, hopping, climbing, running, stepping, kicking, shaking, and tiptoeing are all a part of the thirty activities and action songs on this ten-inch record. Side one presents specific positions and movements to model. Side two includes complete action songs. These gross motor activities are valuable for the child with perceptual-motor impairment as well as any child who can benefit from sensory motor exercises.

178. Rhythmrix: Continuous Exercise Routines, by Jacob Geiger and Daniel Falco (2 discs, 12 in., 33 1/3 rpm) $12.95.

AGE LEVELS: Intermediate, Junior High, Senior High
USE: Physical Fitness, Gross Motor Skills
VENDOR: EA

Rhythmic drill is a continuous series of physical exercises done in time to music. The two Rhythmrix albums present eight rhythmic drills, each drill having a different musical accompaniment and

containing exercises of varying degrees of difficulty woven into a definite pattern. Music for each drill is performed once with voice cues and again without cues. Complete instructions for each sequence are given in the accompanying manual. This record can help children of all abilities develop aspects of physical fitness, gross motor skills, and body control.

179. Roomnastics: Progressive Exercise Lessons Designed For Classroom Participation, by Lester V. Smith and Gabriel DeSantis (4 discs, 12 in., 33 1/3 rpm) $25.95.

AGE LEVELS: Primary, Intermediate
USE: Physical Fitness, Gross Motor Skills, Perceptual-Motor Development
VENDOR: EA

Roomnastics consists of contemporary music and instructional cues for improving participants' physical fitness levels and motor-perceptual and movement skills. Each of the four records in this set is a thirteen-minute lesson intended for one week's use. Lessons include running, walking, stretching, bending, rotating arms, twisting, toe touching, and jumping, designed to enhance locomotor abilities, balance, laterality, directionality, and overall fitness.

180. Roomnastics II: Progressive Exercise Lessons Designed for Classroom Participation, by Lester V. Smith and Gabriel DeSantis (4 discs, 12 in., 33 1/3 rpm) $25.95.

AGE LEVELS: Primary, Intermediate
USE: Physical Fitness, Gross Motor Skills, Perceptual-Motor Development
VENDOR: EA

Roomnastics II is a four-record series of contemporary music and instructional cues directing children in physical fitness, motor-perceptual and movement activities. It continues the exercises presented in Roomnastics contributing to physical development, body image, laterality, directionality, balance, and locomotion as well as overall physical fitness. Eight lessons on the four records in this set include activities such as running, bending, twisting, marching, and jumping, all sequentially arranged. Each record is a thirteen-minute lesson intended for one week's use. Generally, this set includes more difficult exercises than those in Roomnastics.

181. Songs And Games Of Physical Fitness For Boys And Girls, by Marie McCormack (1 disc, 12 in., 33 1/3 rpm) $2.75.

AGE LEVELS: Primary Grades
USE: Posture
VENDOR: AA

Marie McCormack, a lecturer and authority on health and physical education, has written original lyrics for a group of song/exercises especially for young children concerning subjects appealing to them. The young child can identify with Posture Pete as he takes him/her through simple yet vigorous games which include raising arms, bending over, sitting, standing, and walking like animals, objects, and even letters and toys. The exercises were created to help prevent the formation of poor posture habits and to help correct poor functional habits already evident. Teachers may use the album as a pep-up during classroom hours, and motor development teachers will find the pace of the directions (given by a male voice) usable for a variety of physical activities.

APPENDIX A

RECORD VENDORS

AA AA Records
250 West 57th Street
New York, New York 10019

B Bowmar
622 Rodier Drive
Glendale, California 91210

Ch Childcraft
20 Kilmer Road
Edison, New Jersey 08817

Co Concept Records
Box 171
Center Conway, New Hampshire 03813

CW Classroom World Productions
22 Glenwood Avenue
Raleigh, North Carolina 27602

EA Educational Activities
P.O. Box 392
Freeport L.I., New York 11520

ED Educational Record Sales
157 Chambers Street
New York, New York 10007

EM Enrichment Materials Company
P. O. Box 812
Campbell, California 95008

F Folkways Records and Service Corp.
117 West 46th Street
New York, New York 10036

H Hoctor Records
Waldwick, New Jersey 07463

K Kimbo Educational Records
P. O. Box 477
Long Branch, New Jersey 07740

L Lyons Band
530 Riverview Avenue
Elkhart, Indiana 46514

LE A.B. LeCrone Company
9203 Nichols Road
Oklahoma City, Oklahoma 73120

M Mafex Media Aids
90 Cherry Street
Johnstown, Pennsylvania 15902

R Rhythms Productions
Whitney Building
P. O. Box 34485
Los Angeles, California 90034

S Stallman Educational Systems, Inc.
P. O. Box AL
Roslyn Heights, New York 11577

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